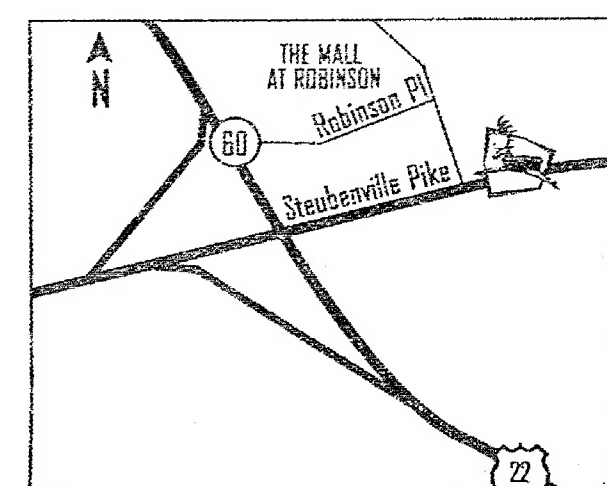
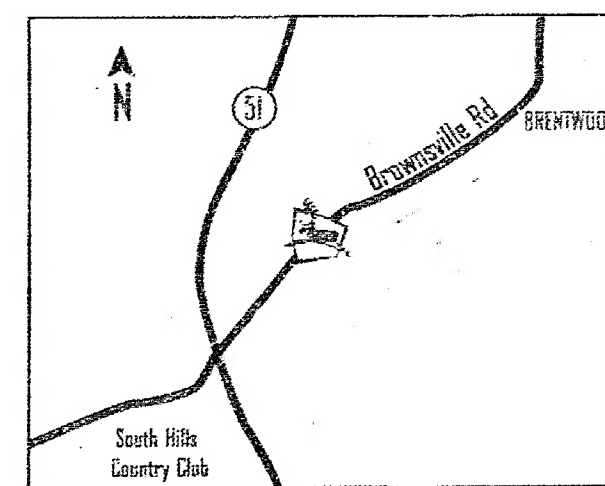




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CHILD SAFETY

Child identification program seeks more area volunteers

By Rachel Weaver

Staff writer

You've just reported to police that your child is missing and they're asking all the routine questions. How old is he? What was he wearing? But then the questions get a little harder.

Can you produce a detailed image of his fingerprints? What about a hair follicle?

For a parent whose child is in the CHIP program, these questions are as easy as opening a pamphlet.

CHIP (Children Identification Program) helps parent create a personalized profile of their child which can make a policeman's job much easier when he or she is missing or abducted.

The Pennsylvania Freemasons both fund and staff the Pennsylvania CHIP this year, and they need some help.

The organization needs additional volunteers and businesses to sponsor the program in the hopes of adding 50,000 more children to the CHIP rolls for a goal of 150,000 children going through the program statewide this year.

"CHIP addresses the alarming fact



that over one million children are reported missing in the United States each year," said William Slater, the Grand Master of Pennsylvania Masonic Lodges at a news conference at the Masonic Village in Aleppo last week.

"We want to make sure that every

parent has the tools they will need in the event their child is abducted. If we are to increase to this number, we are going to need help, particularly from the generous community here in western Pennsylvania."

The CHIP program includes a CD,

THE GRAND Master of Pennsylvania Masonic Lodges William Slater II put his sons, Wes, 9, (in photo) and Sydney, through the CHIP program's paces at the recent news conference held at Masonic Village in Aleppo Township. The Masons will once again fund the program with the hopes of adding 50,000 more children to the rolls.

which uses a digital picture with audio to record children responding to a series of questions in front of a height chart backdrop. The interview captures the appearance, speech and mannerisms of the child.

It also includes an area for marking the child's fingerprints and a DNA kit including bags for fingernail clippings, hair follicle and an oral swab.

CHIP is provided free of charge to the public and all of the identifying items generated during CHIP are given to the child's family.

"I equate the CHIP program as an exercise in futility," says Donna Weglewski, executive director of Crime Prevention Association of Pennsylvania. "I would hope the work that this program is doing will never be needed."

"However, I do realize that should the need arise, the information generated from the CHIP program will prove a tremendous asset to law enforcement."

Individuals interested in making a donation or underwriting a CHIP program should call 1-800-537-6525 or visit pagrandlodge.org.

LEETSDALE

School district responsible for fixing slide-prone hillside

By Rachel Weaver

Staff writer

Leetsdale council members want a mudslide in their borough cleaned up, but they are not the ones for the job.

The debris that fell on the borough's portion of Beaver Road last week came from a hillside on Quaker Valley School District property.

"Their dirt us on our road. We need them to get it off," said Paul Scimio, Leetsdale council public works chair.

The slide is on a parcel of steep, wooded land located near the end of Leetsdale where Beaver Road takes motorists into Leet Township.

According to available records, the school district acquired the land in the early 1980s.

"We can find no record of why the land was acquired by the district, and we discovered that we owned it only about a year ago," said Dr. Joseph

Marrone, QVSD director of administrative services.

"It does not appear to be of any practical use to the district or to anyone else. However, a deed says that QV owns it, so we are responsible for whatever happens on it."

Flooding and rain storms of past months caused a portion of the hillside to slide onto Beaver Road, forcing the borough to close the road for six days to traffic between Cross Street and the Washington Street Bridge.

Water is coming down from and out of the hillside.

"As that freezes, it's going to be a real mess," said Roger Nanni, council member.

The status of the road has made it difficult for Port Authority buses to travel through the borough.

"We can't keep it closed for months, and we can't reopen it the way it is now," said Scimio.

At their meeting last week,

members of Leetsdale Council agreed to fax an urgent letter to the district detailing their concerns.

The school board discussed the problem at its committee meeting last night and is expected to consider hiring an engineering firm to do a detailed analysis of the site and recommend what can be done to fix the problem. It is estimated the study will cost no more than \$12,000.

The proposal to do an analysis will be placed on the board's legislative agenda for next Tuesday.

Borough will fund alley safety study

Residents who live near Leetsdale's Church and Short alleys will soon get a permanent fix to their problems.

Last week, council decided to seek professional advice on how to handle safety concerns on the borough roads.

"This doesn't require a

\$20,000 traffic study," said Richard Start, borough solicitor.

"When you're involved in a situation where residents are claiming safety is a real issue, the borough should retain the services of a quality person who has expertise in traffic safety issues."

Residents have complained about several issues with the alleys since several changes were made to them.

For 30 years, the alleys had no signage but did have a small speed bump. Problems developed when the borough repaired the bump and motorists began scrapping their cars on it.

"At the recommendation of our solicitor, we decided speed bumps were not a good idea," said Joe McGurk, Leetsdale public safety chair.

Soon after the speed bump was removed, several residents complained the alley was no

longer a safe area for children to play as drivers sped through the short streets.

McGurk held a meeting for residents, which, he said, was poorly attended.

Residents agreed the road would be better if a one-way designation of Church Alley went from Broad to Beaver Street. But the borough opted to direct traffic the opposite way.

"We went the direction we did because the police felt it was safer exiting onto Broad rather than Beaver," said McGurk.

Donald Turner, Beaver Street resident, parks in the alley. He said he scratches his door on a retaining wall every time he parks in compliance with the one-way restriction.

"This was not thought out," he said.

For the time being, the road will be put back to two lanes for review by the safety consultants.

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Monroeville

Second place: Matthew Fahringer
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Prizes awarded by the Frick Art & Historical Center

Police merger opportunities missed

Continued from Page 1

REGION

Included in the requirements was a letter listing the three officers being considered for the regional police authority who would be required to take a physical agility and measurement test.

Poppenberg said the physical agility tests were his idea, but that the conditions of the them were never defined.

Aleppo also had to assume all financial responsibility for its two officers on workmen's compensation, an issue Poppenberg said was settled in September.

Sewickley required a letter stating there are no outstanding grievances, appeals, lawsuits by any of the existing Aleppo officers.

Poppenberg said Aleppo incurred seven grievances after the police lay-off and township officials agreed to take total responsibility for any settlement from them.

"We didn't want issues that would cause the regional police force to take on debt and then have Sewickley taxpayers foot

the bill. It was not fair nor appropriate," said Matthew McDonald, Sewickley council member and head of the regional police authority committee.

Sewickley Council said as of the end of December, the requirements had not been met.

"We're not going to do an 11th hour deal without the correct information," said McDonald.

Aleppo Council presented its resolution for the regional department before Sewickley Council on Dec. 14, and indicated that a letter of agreement between all parties had to be completed by Dec. 29.

Sewickley felt that with only 15 days between the receipt of the resolution and the deadline date, it was impossible to complete the necessary steps, which included three meetings and the advertisement of an implementation schedule.

"They make it seem as though Sewickley let the deadline pass, but it was a self-

imposed deadline," said McDonald.

The result forced Aleppo commissioners to reconsider future projects with Sewickley.

"We were interested in combining water and sewer services with them. Now we don't know what to do," said Poppenberg.

For the past several months, Sewickley has been developing a visioning study that analyzes services of all Quaker Valley municipalities.

"I think Sewickley will always look at options to do joint ventures if they present an opportunity to save tax dollars and become more efficient and effective," said Kevin Flannery, borough manager.

Rubb echoed his comments, adding, "If Sewickley comes back with a proper contract with a letter saying it was approved by council, so we don't get back into a situation where council knew nothing about it, we would explore it. Whether we could or could not implement it is another story."

Rubb said there is no room in the Aleppo budget for the department in 2005.

CELEBRATION

St. James plans for Catholic Schools Week

On Sunday, Jan. 30, parents and teachers of St. James Catholic School will host an Open House.

Parents and friends from

the community can visit the cafeteria and school from 1-3 p.m. to learn how St. James commits itself to the child's spiritual, intellectual, social,

emotional, physical and cultural development.

Mike Killmeyer, principal, and the Rev. Al Semler, pastor, will attend the event.

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HARRISBURG

Sen. John Pippy prepares for active legislative session

With the swearing-in ceremony now over, state Sen. John Pippy begins a new four-year term representing the 37th Senatorial District in what he expects to be a very active legislative session.

Pippy and all of the members elected last November received the oath of office on Monday, Jan. 10, in the Senate Chamber.

His family and staff accompanied him at the ceremony.

"While last session was very productive, as we enacted legislation to assist Pittsburgh and promote economic development throughout the region, I plan to be

even more aggressive representing the 37th District," Pippy said.

In listing his legislative goals for the 2005-06 Session, Pippy said the Commonwealth must address funding issues facing mass transit systems across Pennsylvania.

"The time for band-aid fixes has passed. We must address the root of the problem by providing dedicated funding for our transit system."

Pippy also cited support for approved private schools and special education as two of his other funding priorities.

He plans to re-introduce legis-

lation to prohibit elected officials from having any ownership or financial interest in gaming.

"We need to bring meaningful property tax reform to the citizens of the Commonwealth. And, we need to address the issue of tort reform in order to avert a health care crisis in Pennsylvania," he said.

"These are just a few of my legislative priorities for this upcoming legislative year and, as always, I welcome any input from my constituents on any state-related issue."



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Good sport.

—Josh Kolenda,
Hopewell, PA

17-year-old Josh Kolenda dreamed of wrestling in the Olympics some day-despite the pain that forced him to be sidelined from his favorite sport for months. After a recent visit to Greater Pittsburgh Orthopaedic Associates, the ACL in Josh's right knee was surgically repaired; and Josh was soon in rehabilitation. Today, Josh is back on the mat, his knee problem corrected and his dream intact.



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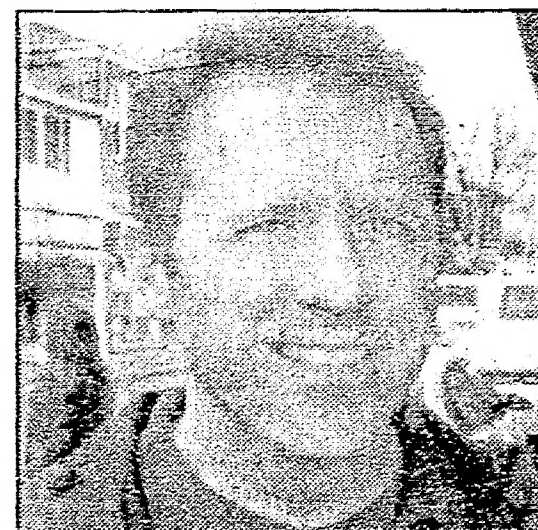
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VILLAGE VOICES

What is the secret to the Steelers' success this year?



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Franklin Park

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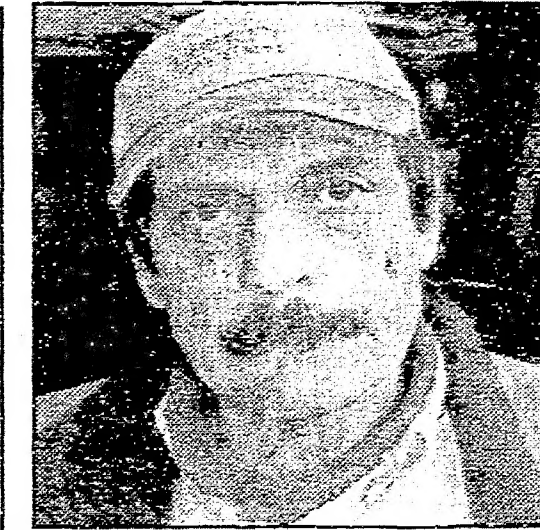
TED RUSCITTI
Sewickley

"... Troy Polamalu because of his hair and because he's such a beast."



BRETT MCBEE
Sewickley

"... the quarterback."



DARYL MEANOR
Sewickley

"... manpower and brute force. They're the best."



NICK GRUNDY
Corapolis

"...their great defense."

EDITORIAL

Council sees travel benefits in new tax

By Dona S. Dreeland

Editor

There's not much you can get for a \$1 these days — newspapers, fast food and vending machine items and the ubiquitous dollar stores aside. We plunk a bill down for something or other and hardly give it a thought.

This year, those who work in Sewickley will contribute to the greater community by paying \$1 a week through the new Emergency and Municipal Services Tax.

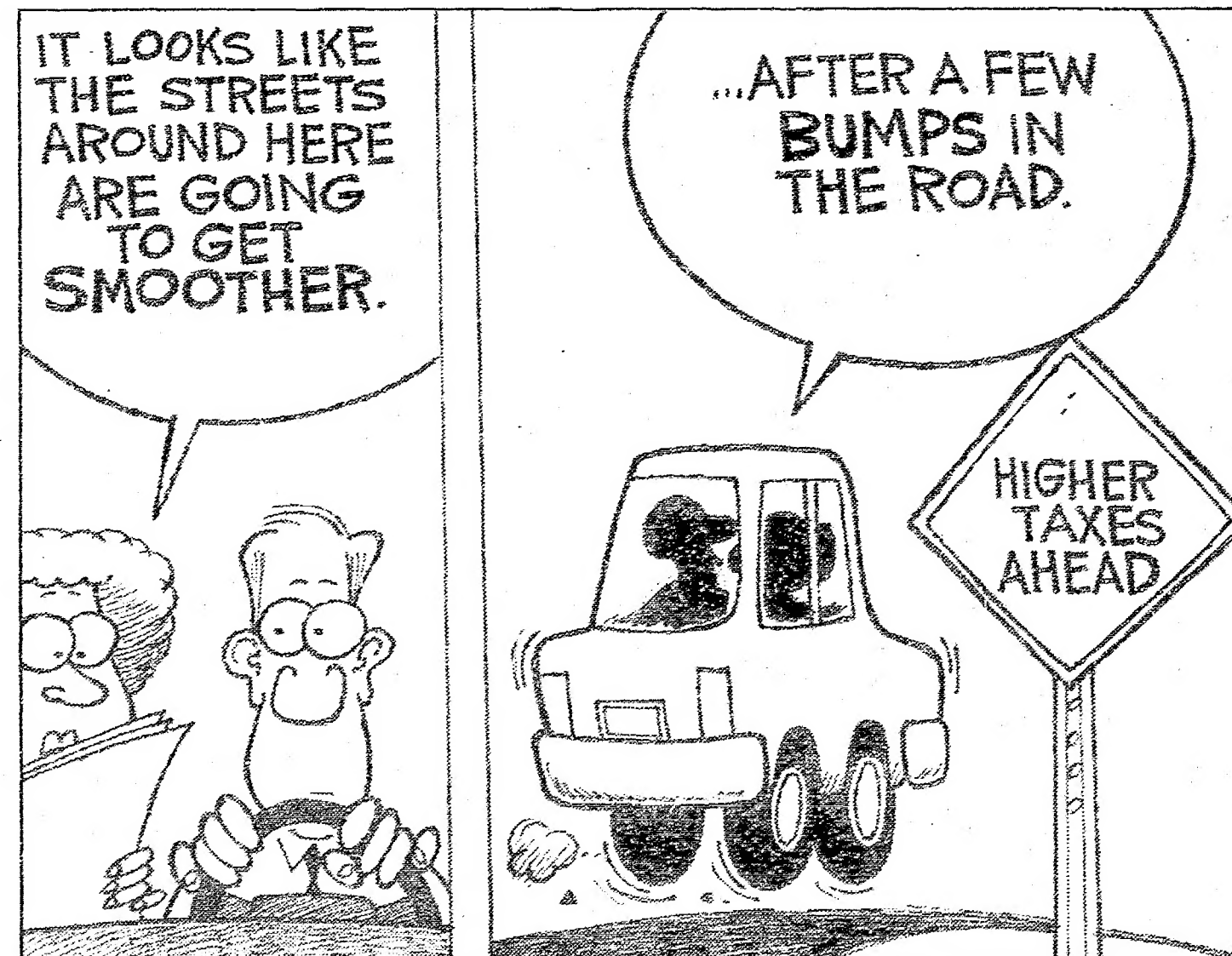
Taking the lead from Pittsburgh City Council as directed by the state legislature, Sewickley officials took their vote Monday night to implement the tax.

This ordinance sets new rates for those who are employed in the borough and will replace the old Occupational Privilege Tax, changing the amount from \$10 a year to \$52 and establishing a \$12,000 income threshold.

Those who make less than \$12,000 will be able to apply for a refund using their W-2's and 1040 forms next January.

It is estimated that \$125,000-\$135,000 will be collected in the first quarter of every year, with the entire amount earmarked for maintaining roads — a benefit to everyone who lives, works or visits the borough.

The new tax is seen as an easy way to offset costs of much-needed roadway repairs, estimated by Kevin Flannery, borough manager, to be in the \$17-\$18 million range.



Boroughs and townships with working populations now have the opportunity to add some income to their ever-tightening budgets.

Leetsdale council took action last week, setting similar provisions but adding that wage earners under age 18 be entitled to a refund.

No one likes taxes, but this one makes more sense than most: Those who can

and should provide for costs of local improvements will do so; and those of limited means will be exempted from paying any "work" tax at all.

While the burden to apply for the refund falls on these wage earners, this will be less of a burden than that borne by Sewickley's residents alone every time the millage needs to be increased.

AROUND THE TOWN

Rain stalls work on many area roads

By Rachel Weaver

Staff writer

PennDOT workers want the rain to go away and not come back another day — or at least long enough for them to do some local road maintenance.

The incessant rain that has fallen in the area this fall and winter caused damage to some area roads, and it continues to prevent them from being repaired.

PennDOT workers planned to start patching sections of Big Sewickley Creek Road in Bell Acres Borough that were damaged by area flooding last week but workers couldn't start the maintenance project without at least a rain-free day.

The roadwork was re-sched-

uled to begin this week.

Because most of the damage occurred between the road and the creek, the road will not close during work.

"People probably won't notice they're there," said Charles Kulbacki, Bell Acres borough manager.

The borough did not experience any extensive flooding due to last week's rains, but one resident did have some basement flooding when water came in from a hillside runoff.

State-owned Redgate Road in Haysville also is undergoing maintenance work for damage caused by the September flood.

Mark Kerr, director of public works in Aleppo (which borders the road), said Redgate

was "washed out" when the nearby creek overflowed and took out a retaining wall. Half of the road was pulled into the creek.

Mascaro Construction, the company contracted by PennDOT to do the project, expected work to be completed by Monday, but weather and local mudslides put it behind schedule.

Repairs are expected to be completed by the end of this week. Kerr said the road will either open as one lane with a stop sign or as two lanes with guardrails.

Until it reopens, motorists can follow the detour onto Merriman/Deer Run Road to Glenfield to Route 65.

ON THE CALENDAR

St. Stephen's organizes tsunami relief benefit

St. Stephen's Church, 405 Frederick Avenue, Sewickley, will hold a community-wide silent auction/sale to benefit tsunami victims on Saturday, Jan. 22.

"Life Matters: Tsunami Relief Benefit" will offer works donated by local artists, craftsmen, photographers and musicians.

Also included for the auction will be donations by local businesses and bakers.

Area musicians will be on hand to entertain.

The auction will be held from 7-9 p.m. in the Grace Commons Auditorium.

A casual worship service will be held at 6 p.m.

For more information, call 412-741-1790.

Pre-school registration

The Friendship Preschool is accepting registration forms for the 2005-2006 school year.

Forms may be picked up at the school, located in The Presbyterian Church of Sewickley, or by calling the pre-

school at 412-741-4550.

The school is celebrating its 65th year of education young children in Sewickley. Various classes are offered for children ages 18 months- five years.

An Open House for the school will be held at the Sewickley Public Library on Wednesday, Jan. 26, at 7 p.m.

Friendship Preschool teachers will be on hand to answer questions.

For more information, call Jenny Hay, director, at 412-741-4550, Ext. 225.



GROWING OLD GRACEFULLY

by Burton Patrick

The phrase, "Growing old gracefully," is appropriate when talking about ourselves or our pets. Growing old is inevitable but growing old gracefully and in good health is a function of how we care for ourselves as well as our pet. To profess undying love for a pet and then turn them into obese blimps or feed poor quality foods does not make sense. If we truly care for our pets, we can't stick our heads in the sand and knowingly feed treats and food that we know are not quality food.

As a pet's weight rises, the desire to play and exercise goes down and we turn them into lap slugs whose health slowly but inevitably deteriorates. Additionally the quality of life as they age is less than it should be. Joint problems set in early. Diabetes and the risk of cancer rise. There is no end to the problems that can stem from a poor or excessive diet.

All pets age differently. Genetics can be cruel, but that doesn't mean we can't improve a life with good management of diet and exercise. I discuss the subject, because I see the emotional duress caused by the loss of a pet on a daily basis. We do what we can to help folks deal with the loss, but more importantly we try to help our animal friends through their owners, live longer and healthier lives. We enjoy seeing the pets that come in every day and we like to think and consider it our mission to help them live longer and healthier lives.

We all know that certain things cause us to age faster. Inappropriate fats, smoke, too much sun, too much food, too much alcohol, poor food selection, poor sleep habits, stress, etc. are part of slowly breaking down our immune systems and wear our bodies out sooner than necessary.

The first and foremost job is to keep the weight of our pets down. We are in denial when we think we can feed foods high in calories and low in quality nutrition and keep our pets healthy. What we feed our pets between meals is just as important as what we feed them at their main meals. Poor nutrition degrades the

immune system and ultimately leads to a shortened life span.

Excess calories, especially carbohydrate, calls for more insulin. The more insulin that is used the more likely it is that our pet will get type 2 diabetes. None of this has been quantified, but logic speaks volumes. Obesity and the problems related to eating the wrong food-stuffs is in the news. We know this stuff kills and causes disease. Why do we wait until it happens to recognize that improper diet and exercise will be a problem?

Food companies love to tie you into one single type of processed food with their so-called customer loyalty programs. This is wrong. Don't let them pander to you in this way. Most of the time they increased the cost of the food to give you a discount and tie you into their food at the same time. Most of the time marketing is about deception by omission. A little bit of truth can make a lot of deception look plausible.

Growing older gracefully is about taking advantage of what we find in our search for the truth in nutrition. Why wait until a dog has arthritis and inflammation in the joints to use chondroitin, glucosamine, MSM, and hyaluronic acid (HLA). Why not use it to help keep our pets free of pain longer. Why do people want to wait until there is a problem then put a band-aid on it to treat the symptom with NSAIDS (non-steroidal antiinflammatories) rather than treat the cause or maybe prevent the problem to start with? Many of the NSAIDS (like Vioxx) have been shown to have a downside. As the old saying goes there is good and bad in everything and silver bullets are rare.

We can't wait for health to happen. If there is a chance at long healthy lives it will be with the search for health. It is confusing, but we can't give up.

Questions about this article or other pet issues email us at info@psp-pgh.com or visit www.psp-pgh.com.

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PUTTING IT TOGETHER



Photo by Paul Collier

LEW SAFRAN (on left) and **Roger Wright**, have helped to bring Thanksgiving to Sewickley each February. This year Sewickley United Methodist Church will hold its 57th annual Turkey Dinner on Thursday, Feb. 3. The dinner will be served in two seatings at 5 and 6 p.m. in the Simpson Room. Take-outs can be picked up from 3:30 to 6:30 p.m. Tickets are available at the door or at the church office (412-741-9430). The price is \$10 for adults, \$4 for children age 4-10. Meals for children 3 and under are free. The menu consists of turkey with dressing, mashed potatoes with gravy, green beans, cranberry sauce, cole slaw, rolls and three different fruit cobblers.

AGENDA

Aleppo: 3rd Monday, 7 p.m., 100 North Drive;
Bell Acres: 2nd Monday, 7 p.m., Big Sewickley Creek Fire-hall;
Edgeworth: 3rd Tuesday, 8 p.m., Municipal Building, Beaver Road;
Glenfield: 2nd Tuesday, 7 p.m., at Riverside Park;
Haysville: 2nd Tuesday, 7:30 p.m., 34 South Avenue;
Leet: 2nd Monday, 7:30, Municipal Building;

Leetsdale: 2nd Thursday, 7 p.m., Municipal Building, Broad Street;
Osborne: 3rd Tuesday, 7:30, Osborne Elementary School;

Sewickley COW: 2nd Tuesday, 7:30, Borough Building;
Sewickley: 3rd Monday, 7:30, Borough Building;
Sewickley Heights: 3rd Monday, 4:30, Borough Hall
Sewickley Hills: 1st Monday, 7:30, Fairhill Recreation Building;
Quaker Valley School Board: The legislative meeting is the 4th Tuesday of the month at 8 p.m. at Quaker Valley Middle School.

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Volunteer finds working with Meals on Wheels fulfilling

By Rachel Weaver

Staff writer

Every week, more than one dozen Sewickley residents open their door to a hot meal and the dedicated woman who brings it.

For many years, Lorraine Duerr has been making sure no one in Sewickley unable to cook for him or herself goes hungry through her volunteer work with Meals on Wheels.

Lorraine first heard of the program when a volunteer spoke about the need for more volunteers at one of her husband Samuel's Parkway West Rotary meetings.

Though she was busy working as a corporate secretary at Duerr Packaging, the Imperial- and Hanover-based company she and Samuel started 51 years ago, Lorraine made time to volunteer every Thursday.

The Avonworth Kitchen where the local branch of Meals on Wheels is run caters to residents on five routes: Mt. Nebo, Leetsdale and three in Sewickley.

For many years, local volunteers picked up meals in the alley behind St. Andrew's Presbyterian Church in Sewickley. But impatient motorists who didn't like waiting for volunteers to load up their trucks forced them out of the

HELPING HANDS

alley and into the St. James Catholic Church parking lot.

Lorraine, a Sewickley Hills resident of 17 years, does her route around Sewickley every week bringing a covered hot dish, a sandwich, soup, fruit and milk to each person on her list. People on special diets get specially marked bags with a meal suited to their dietary needs.

The process takes her about two hours each week, but some weeks prove more demanding than others.

"Once I did 22 deliveries by myself," she says. "I felt like the milkman!"

More like mailmen, volunteers deliver in all weather conditions. When winter starts, recipients get an extra meal to freeze in case of an emergency.

But the more demanding days can also be the most rewarding.

One delivery day, as Lorraine had her hands full of food for several people living in the same apartment complex, she had trouble getting to the door when the people buzzed her in before it locked again.

Feeling overwhelmed, she finally

made it to the building's elevator where she saw a somewhat familiar face. The woman in the lift with her had played in a bridge match with Lorraine months prior. The ladies began chatting and Lorraine told her about her day's mission.

The woman confessed she had always been interested in Meals on Wheels. Soon after, she began volunteering and became Lorraine's delivery partner for several years.

The kitchen prepares 52 meals every day with food a Meals on Wheels buyer gets each week. Volunteers are always on watch for deals on meat and bread.

"We work on a shoestring budget, but it's sort of good. It keeps us all moving and alert to what the needs are," says Lorraine.

"It's run so well without the government. That's one thing I like about it. It's handled by the community. They do a wonderful job on a limited budget and no one ever complains about the food."

Volunteers deliver meals everyday except certain holidays. The days prior, volunteers deliver two meals: one regular and one frozen.

Meal recipients receive recommendation for the program from their physicians. Some people stay on for only short

times because of temporary disabilities.

But whether they receive meals for a month or a decade, Lorraine enjoys the interaction with members of the community.

"I call it instant gratification," says Lorraine. "It gives me a sense that I'm doing something to help someone else. And they are always happy to see you."

Sometimes Lorraine stays at certain homes a little longer, helping residents with small tasks like returning library books. One woman waits for Lorraine on her porch every week so she can take out the garbage.

For Lorraine, forging relationships with her recipients is bittersweet.

"Some of them, I've delivered to for years. For many of them, this is their connection to the world. But then one day, they will be off your route and you don't know what happened. Maybe they're in a home or living with someone else. You don't know."

But if a volunteer goes to a home and no note is left to indicate where they are, it is immediately reported, so Meals on Wheels recipients know they have people watching out for them.

Anyone interested in volunteering with Meals on Wheels can contact Audrey Hill at 412-766-7763.

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BEST	LOCATION
<input type="checkbox"/> Pizza Shop (Independent)	
<input type="checkbox"/> Hamburger (Independent)	
<input type="checkbox"/> Deli	
<input type="checkbox"/> Hoagie/Sub	
<input type="checkbox"/> Wings/Chicken	
<input type="checkbox"/> Fish Sandwich	
<input type="checkbox"/> Bakery	
<input type="checkbox"/> Ice Cream	
<input type="checkbox"/> Coffee	
<input type="checkbox"/> Take Out	
<input type="checkbox"/> Grocery Store	
<input type="checkbox"/> Farm Market	
<input type="checkbox"/> Beer Distributor	
<input type="checkbox"/> Happy Hour	
<input type="checkbox"/> Family Owned Business	
<input type="checkbox"/> New Business	
<input type="checkbox"/> Barber/Male Salon	
<input type="checkbox"/> Beauty Salon	
<input type="checkbox"/> Nail Salon	
<input type="checkbox"/> Tanning Salon	
<input type="checkbox"/> Day Spa	
<input type="checkbox"/> Massage Therapist	
<input type="checkbox"/> Chiropractor	
<input type="checkbox"/> Physical Therapist	
<input type="checkbox"/> Family Doctor	
<input type="checkbox"/> Eyecare/Laser	
<input type="checkbox"/> Dentist	
<input type="checkbox"/> Pharmacy (Independent)	
<input type="checkbox"/> Public Official	
<input type="checkbox"/> Realty Company	
<input type="checkbox"/> Bowling Alley	
<input type="checkbox"/> Dance Studio	
<input type="checkbox"/> Workout Facility	
<input type="checkbox"/> Martial Arts	
<input type="checkbox"/> Funeral Home	
<input type="checkbox"/> Dry Cleaner	
<input type="checkbox"/> Veterinarian	
<input type="checkbox"/> Dog Groomer	
<input type="checkbox"/> Garden/Nursery	
<input type="checkbox"/> Jewelry Store	
<input type="checkbox"/> Gift Shop	
<input type="checkbox"/> Floral Shop	
<input type="checkbox"/> Resale/Consignment	
<input type="checkbox"/> Hobby/Toy	
<input type="checkbox"/> Auto Dealer - NEW	
<input type="checkbox"/> Auto Dealer - USED	
<input type="checkbox"/> Auto Repair/Service	
<input type="checkbox"/> Bingo	

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Sewickley, Sewickley Heights, Osborne, Edgeworth, Leetsdale, Leet, Glenfield, Haysville, Bell Acres, Aleppo, Coraopolis, Crescent, Moon, Neville Island, Robinson Twp., Kennedy Twp., Ingram, Pennsbury Village, Findlay, Imperial, North Fayette, & Oakdale

BEST	LOCATION
<input type="checkbox"/> Restaurant - Chinese	
<input type="checkbox"/> Restaurant - Italian	
<input type="checkbox"/> Restaurant - Mexican	
<input type="checkbox"/> Ethnic Food - Other	
<input type="checkbox"/> Restaurant - Romantic	
<input type="checkbox"/> Restaurant - Seafood	
<input type="checkbox"/> Family Restaurant	
<input type="checkbox"/> Healthy Menu	
<input type="checkbox"/> Steak	
<input type="checkbox"/> Ribs	
<input type="checkbox"/> Caterer	
<input type="checkbox"/> Banquet Facility	
<input type="checkbox"/> Family Entertainment	
<input type="checkbox"/> Golf Course (Public)	
<input type="checkbox"/> Golf Driving Range	
<input type="checkbox"/> Pet Store	
<input type="checkbox"/> Furniture Store	
<input type="checkbox"/> Carpet/Flooring	
<input type="checkbox"/> Computer Sales/Service	
<input type="checkbox"/> Music/Instruments Store	
<input type="checkbox"/> Frame Shop	
<input type="checkbox"/> Ladies Boutique	
<input type="checkbox"/> Men's Shop	
<input type="checkbox"/> Children's Boutique	
<input type="checkbox"/> Shoe Store	
<input type="checkbox"/> Bridal Shop	
<input type="checkbox"/> Tuxedo Rental	
<input type="checkbox"/> Cigar Shop	
<input type="checkbox"/> Photographer	
<input type="checkbox"/> Bank/Credit Union	
<input type="checkbox"/> Attorney	
<input type="checkbox"/> Mortgage Broker	
<input type="checkbox"/> Accountant	
<input type="checkbox"/> Insurance Agency	
<input type="checkbox"/> Hospital	
<input type="checkbox"/> Home Remodeler	
<input type="checkbox"/> Carpet Cleaning	
<input type="checkbox"/> Landscaper	
<input type="checkbox"/> Electrician	
<input type="checkbox"/> Plumber/HVAC	
<input type="checkbox"/> Hardware Store	
<input type="checkbox"/> Appliance Store (Independent)	
<input type="checkbox"/> Tire Store	
<input type="checkbox"/> R.V. Center	
<input type="checkbox"/> Carwash	
<input type="checkbox"/> Travel Agency	
<input type="checkbox"/> Interior Designer	
<input type="checkbox"/> Antique Shop	
<input type="checkbox"/> Video Store	
<input type="checkbox"/> Cell Phone Store	

OFFICIAL RULES

1. Only original newspaper ballots will be accepted. No photo copies please. Only one ballot per envelope.
2. People & businesses nominated must be located in the areas listed.

3. All ballots to be counted as valid must be 50% completed.
4. Deadline is Thursday, February 3, 2005.
5. Limit 1 ballot per person.

6. Ballots must be mailed to:
Gateway Newspapers
c/o Reader's Choice Awards
1964 Greentree Rd. • Pittsburgh, PA 15220

Cast Your Vote Today - Winners to be announced in special March Edition

Residents conserved water during main break in Ambridge

By Rachel Weaver

Staff writer

Many area residents came home from work or school last Thursday afternoon to find themselves required to limit their water use.

A water main break in Ambridge caused the Ambridge Water Authority to put residents in Leetsdale, Leet Township, Bell Acres and Edgeworth on mandatory conservation for 24 hours until 4 p.m. Friday.

The conservation extended

WATER WOES

into nearby Beaver County, affecting areas such as Ambridge, Harmony, Economy

and Baden.

Mary Hrotic, Ambridge Water Authority general manager, said the exact cause of the break is unknown, but breaks tend to happen during extreme thawing and freezing condi-

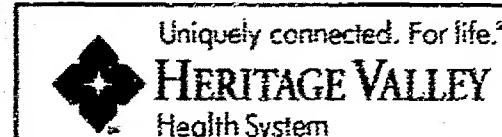
tions, like the 70 degree weather the area had last week before hitting a weekend of temperatures in the teens.

Borough crews worked for 24 hours fixing the line as the night brought a 30-degree tem-

perature drop.

"Can you imagine being out there in the cold rain in a deep ditch all night?" said Hrotic.

"They really stuck it out and finished a very difficult job. We're very proud of them."



Back Surgery

(January 19, 2005) - Back or spine surgery is a procedure used to correct back problems in individuals who fail to show improvement through other, non-surgical treatments. Spine surgery is most commonly used to remove a disc herniation, to decompress a nerve root, to stabilize or fuse a painful joint, or to reduce a deformity such as scoliosis.

Recently, spine surgery has become increasingly specialized. In fact, many orthopedic surgeons and neurosurgeons now complete additional spine medicine training after their residency training.

Advancements in spinal implants and devices, as well as enhancements in surgical techniques, have led to overall improved success rates with many types of back surgery. However, preoperative diagnosis is still the most important factor in the success of back surgery.

Exploratory surgery is not an effective way to determine the source of the back pain or problem. Fortunately, some significant improvements have come in the area of preoperative imaging. Magnetic resonance imaging (MRI), for example, allows doctors to create a detailed image of the spine, and therefore, determine the cause of the pain before an incision is ever made. If no anatomical lesion is found, back surgery is not an option and the patient must pursue other, non-surgical types of treatment.

Dr. David Oliver Smith of Sewickley Valley Hospital, sites the importance of proper diagnosis. "Accurate diagnosis through careful preoperative screening can determine if surgery is truly necessary or if other, non-surgical options should be considered."

For more information on back pain, visit Heritage Valley Health System's website at www.heritagevalley.org.

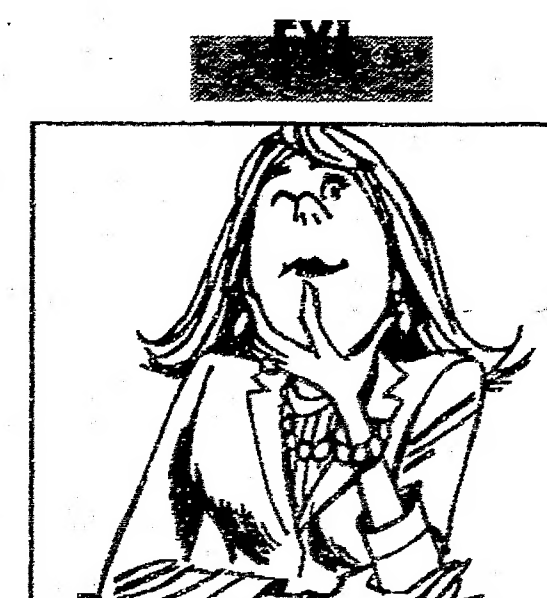
ROADWORK

Repairs continue on I-79 northbound in Ohio Township.

Between the hours of 9 a.m. and 3 p.m. daily, the right lane and shoulder area of the roadway will be closed.

Flood repair work will continue through Feb. 4, weather permitting.

Mascaro Contracting is the primary contractor of this county project.



Staying in touch

1) Call 412-388-5800 during business hours Monday-Friday.

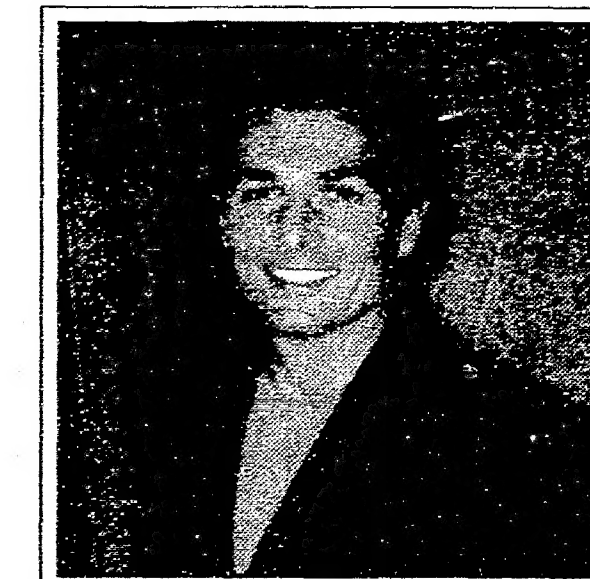
Classified advertising is 412-871-2399.

2) Fax information to 412-388-0900. Faxes should include a phone number.

3) Send e-mail to Sewickley.Herald@gatewaynewspapers.com.

4) Letters to the editor must include signature of author and phone number for verification purposes. No unverified letters will be printed.

Letters are subject to editing for space constraints and content considerations.



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Sewickley Spine & Joint Center is pleased to announce
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Dr. Karafa received his bachelor's degree in biology from Geneva College and is a graduate of the National College of Chiropractic. Dr. Karafa is a Board Certified Sports Physician and is certified in the Graston Technique. He brings specialized chiropractic care to patients with sports injuries.

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Tim Brown, Patient with SSJC

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Dr. Madelynne Galatic, D.C.

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Where to find the Herald

• BP Oil Co., Ambridge, 8th and Merchant St. and BP Oil Co., Edgeworth, 209 Ohio River Blvd.
• Eckerd, Ambridge, Merchant St. and Eckerd, Leetsdale, Quaker Village Shopping Center, Ohio River Blvd. and Eckerd, Sewickley, 515 Beaver St.
• Giant Eagle, Quaker Village Shopping Center.
• Iceworks, 441 1/2 Walnut St.,

• Miller's Mini Mart, 2020 Big Sewickley Creek Road
• Safran's, Sewickley, 429 Walnut St.

• Sewickley News, 509 Beaver St.
• Sewickley Valley Hospital Gift Shop
• Tony R's Pizza, 850 Nevin Ave.
• Yankello Radio-TV, Sewickley, 604 Beaver St.

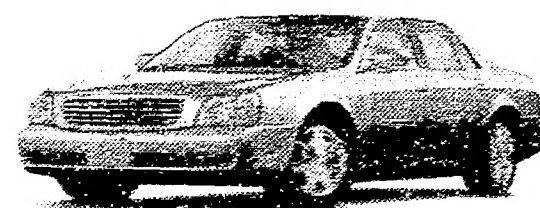
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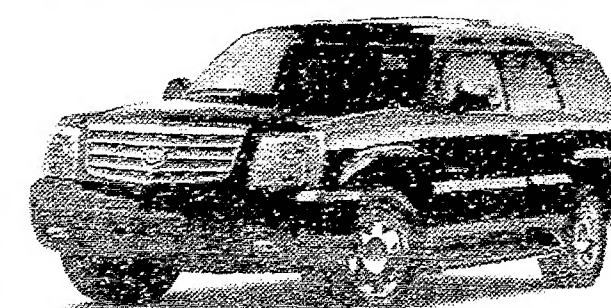
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WINNING WAYS



LUCAS GUGGENHEIMER, 9, Osborne Elementary fourth grader, won Sewickley Police Department's recent raffle and is now the proud owner of a football signed by wide receiver Antwaan Randle El. Son of Greg and Cassandra Guggenheimer of Sewickley, he plans to add the prize to his collection of autographed Steelers items, including a picture signed by Jerome Bettis and a jersey signed by many team members. He hopes to play football one day as a quarterback or a wide receiver. The police raised \$100 to benefit Children's Hospital. Making the presentation was Sewickley Police Chief John Mook.

Photo by Rachel Weaver

CAPITAL CAMPAIGN

Residents rally in D.C.

Local churches and their membership will participate in the 32nd annual March for Life, Monday, Jan. 24, in Washington, D.C.

Buses will leave parking lots at —

• St. James Catholic Church in Sewickley (Pat Eita at 412-741-1159 is the contact person);
• Christ Church at Grove Farm in Ohio Township (Linda Wagner at 724-934-9342 is the contact person);

• St. Stephen's Episcopal Church in Sewickley (Bob Gulish at 724-266-9418 is the contact person.)

People Concerned for the Unborn Child has coordinated the march since 1974.

Residents from all 50 states and foreign countries will rally at the Ellipse at noon Monday, Jan. 24, four days after the

inauguration of President Bush and the beginning of the New 109th Congress.

The March theme, "It is the Duty of Each American to Uphold the Life Principles for the Common Good of Self, Neighbor and Country - No Exceptions! No Compromise!" This theme teaches that the life principles state correct fundamental human behavior to protect each born and preborn human and our society.

Participants from the 11 counties of southwestern Pennsylvania will wear round yellow and black stickers reading "Southwestern PA Pro-Life."

For up-to-date information check the PCUC web page at www.pcuc.org or the National March for Life Web site at www.marchforlife.org.

WHAT'S HAPPENING

Seminars abound on variety of topics

Patient and doctor communication is the topic for discussion at Sewickley Public Library on Monday, Jan. 24, at 1:30 p.m.

Join Margaret Washington, author of "Doctor, Can You Hear Me? Patient, Are You Listening," as she discusses the importance of effective discussions between physicians and patients.

An experienced health care administrator, Washington conducted intensive research to determine effective communication models for the interaction between patients and doctors.

Copies of her book will be available for purchase.

Registration is required at 412-741-6920.

• Then on Tuesday, Jan. 25, at 7 p.m., anger management will be the focus.

Learn about anger and gain strategies to deal with this powerful emotion in an informative program presented by Daniel Gittins of the Center for Anger, Behavior and Conflict Management.

Included in his discussion will be the differences between anger and aggression and strategies useful in handling these situations, as well as passive aggressive and assertive responses.

Registration is required at 412-741-6920.

The library is located at Thorn Street, Sewickley.

• A "Breastfeeding for Moms-to-Be" class is scheduled for Monday, Jan. 31, from 7-9:30 p.m., at The Medical Center, Beaver.

The course, sponsored by Heritage Valley Health System, will be taught by a lactation (breastfeeding) consultant, will provide expectant mothers with guidelines for a successful breastfeeding experience.

Topics will include advantages of breastfeeding, body changes that occur during pregnancy and breastfeeding, recognizing if the baby is getting enough milk, what to do if problems arise, and more.

To register for Medical Center education programs, call 724-773-4636.

For information on Sewickley Valley Hospital education programs, call 412-749-4270.



SPOTLIGHT

Joy of discovery taken to great heights

By Dick Williams

Herald contributor

In the past few years, I have had the thrill of climbing Mt. St. Helens, Mt. Adams and Mt. Rainier twice.

Last June, I was able to fulfill the ultimate dream by climbing the highest mountain in North America, Alaska's 20,320 ft. Mt. McKinley, known by many as Denali.

It's extreme northern latitude (63 degrees north), remote location and severe weather make this mountain one of the most challenging climbs in the world.

After flying onto the Kahiltna Glacier at 7,200 feet in a small plane equipped with skis instead of wheels, my group began its slow climb upwards.

The first part of the climb from base camp to about 14,000 feet was tough because of the very heavy loads. Each of us carried about 60 pounds in backpacks and also pulled a sled filled with group gear like food, fuel, tents, stoves, etc.

The sleds weighed in at another 40 pounds each.

The primary challenges during this section of the climb were the crevasses, which are often hidden and can swallow an entire climbing party.

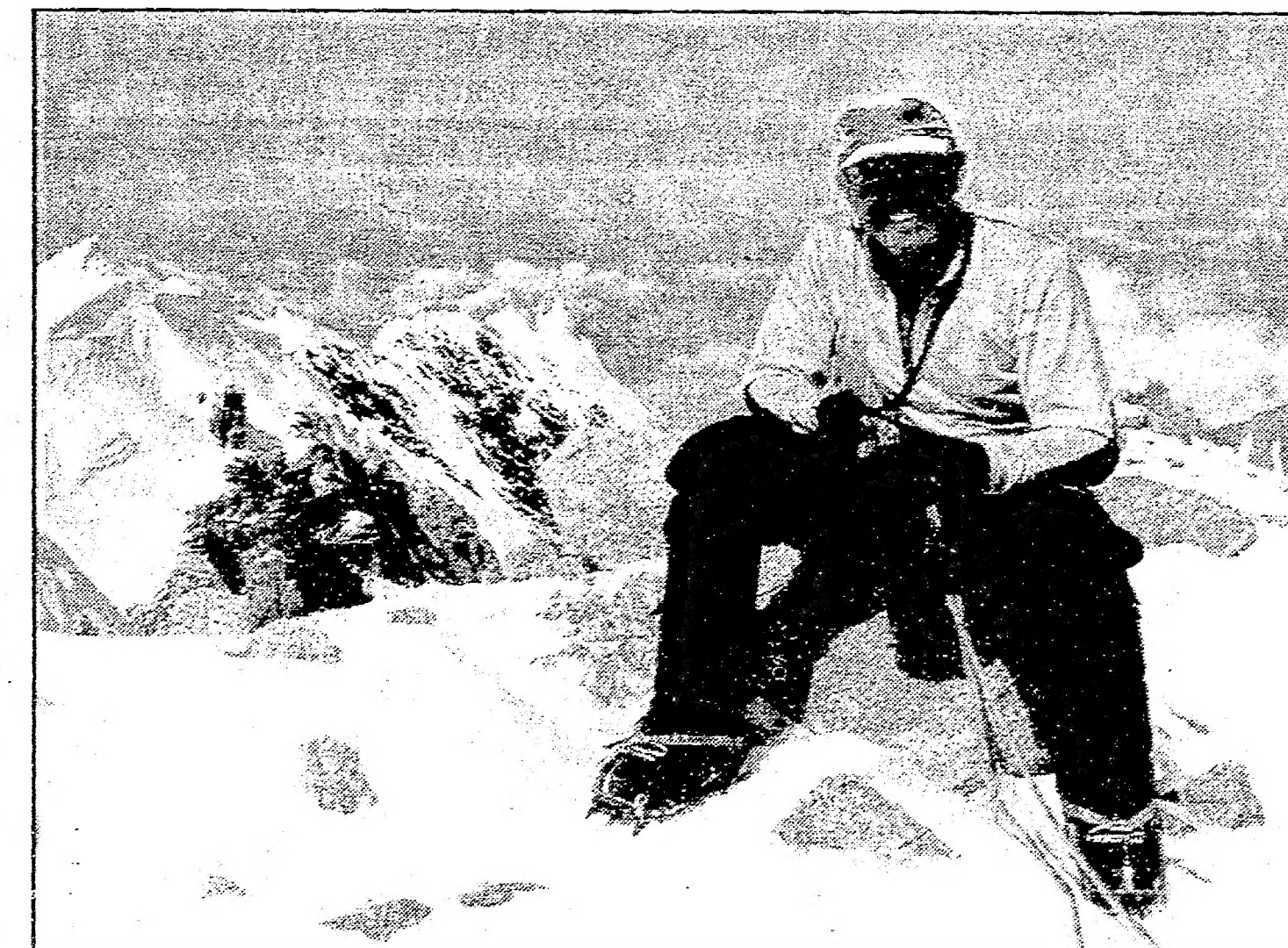
Above 14,000 ft, the climbing became much more technical and thankfully, the sleds were behind since the group began doing double carries where we climbed up the mountain and buried a load of group gear, then descended again. The gear would be picked up after we made camp higher on the mountain.

This strategy of carrying high and sleeping low also helps the body in acclimatizing to the altitude.

If a climber were suddenly flown to the summit of McKinley and deposited there with no time to acclimatize, they would die within less than day.

If the beauty and adventure of climbing the mountain weren't enough, our party seemed to have its share of close calls and strange discoveries.

While we were ascending above 14,000 feet, we learned the disturbing news that



DICK WILLIAMS of Sewickley was on top of the world last June as he reached the summit of Mt. McKinley.

another climbing party had been hit by a rock fall while descending at 13,000 feet. We had just passed that area the day before!

One member of that party was killed and several other members were injured. We later learned that an earthquake had shaken the granite rocks and boulders loose above them. They had no chance of escape.

While we were camped at 17,000 feet, a member of another climbing party discovered a frozen body while digging up some supplies in the snow.

The body was lowered to 14,000 feet where it was identified as a man who had been on a scientific expedition and died of high altitude cerebral edema back in the 1960s. It gave us all the chills, literally.

The final challenges of the climb are known as the West Buttress, Denali Pass

and the Summit Ridge. These areas are all extremely exposed.

The final 300 meters to the summit required climbing along a knife-edge ridge where one side drops about 3,000 feet and the other 2,000 feet.

For someone with a mild fear of heights, I thought I would be petrified, but with so much effort already committed, and the fact that I was functioning with so little oxygen, there was no turning back.

(Even at 17,000 feet there is about half the oxygen in the air compared to sea level.)

It was indeed a great thrill to reach the summit, where we celebrated for a few minutes before beginning our long descent. Being a part of this great team of people on this climb ranks as one of the finest experiences of my lifetime.

I am ready for another adventure!

UPCOMING

Local talent takes stage at Byham

Pittsburgh Musical Theater presents "Grease!" a feast of '50s nostalgia that has become one of America's favorite musicals.

It will run through Sunday, Jan. 23, at the Byham Theater in Pittsburgh's cultural district.

Sewickley natives Sarah Zeiter and David Giles will perform in the ensemble.

Mandi Durkosh of Quaker Valley High School is a swing actor.

For tickets, call 412-456-6666.

Pancake breakfast

The Mt. Nebo Grange will sponsor its annual pancake breakfasts on the second and fourth Saturdays, January-April, from 7 a.m. to 11 a.m. at 125 McAleer Road, Ohio Township.

Costs are \$5 for adults. Breakfasts for children 10 and under are \$2.

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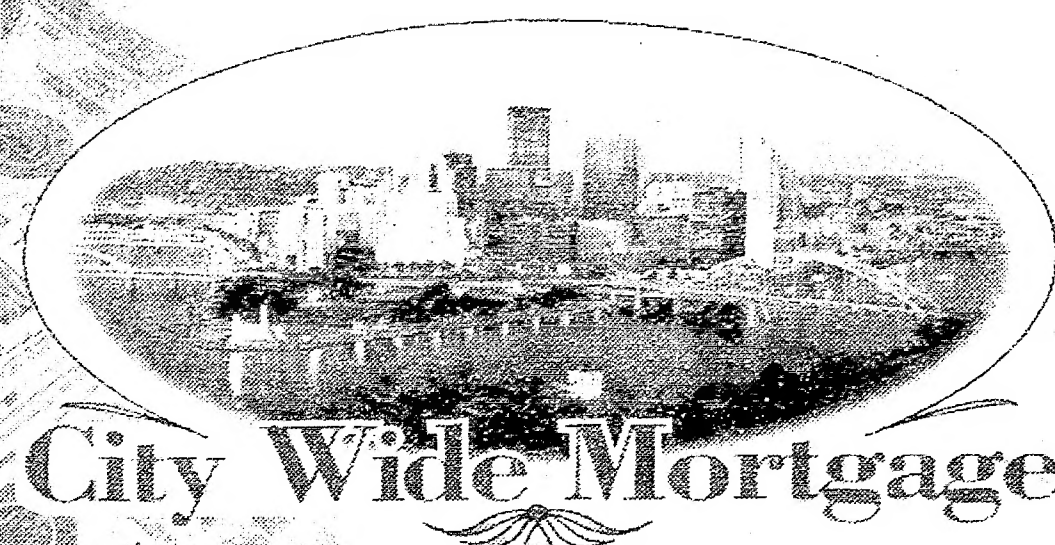
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ENGAGEMENT

WOYTOWICH-ORSINI

Dr. Michael and Linda (Durkle) Orsini of Sewickley are pleased to announce the engagement of their daughter, Carolyn Louise Orsini of Nyack, N.Y., to Jason Joseph Woytowich, also of Nyack, N.Y.

The bride-to-be is a graduate of Quaker Valley High School. She holds a degree in management science and information systems from Penn State University, University Park. She is employed as a business analyst by KPMG in Montvale, N.J.

The future bridegroom is the son of Joseph and Carol Woytowich of Kulpmont, Pa., and a graduate of Mount Carmel High School in Mount Carmel, Pa. He holds a degree in accounting from Penn State University, University Park, and is employed as an accountant for IBM in Southbury, Conn.

A wedding is planned for Aug. 13, 2005, in Sewickley.



BIRTH

Tammy and Erik Gaadt of Pickerington, Ohio, announce the arrival of Clara Patricia Ann Gaadt on Nov. 11, 2004.

Clara arrived wide-eyed and ready to take on the world at 5:40 a.m., weighing, 7 pounds, 13 ounces, and 19 1/2 inches long.

Erik is a 1989 graduate of Quaker Valley.

Clara's maternal grandmother Patricia Everly resides in Mogadore, Ohio, Tammy's hometown.

Paternal grandparents are Sewickley residents, George and Ann Gaadt.



Erik and Clara Gaadt

UPCOMING

Fun & facts at Fern Hollow

Did you ever wonder what happens to wild animals in the winter? Bears hibernate and birds fly south. What about everybody else?

Fern Hollow Nature Center will present "Tucked in for Winter," a program prepared by the Animal Rescue League of Western Pennsylvania, on Saturday, Jan. 15, from 2-3 p.m.

Fern Hollow Nature Center is located on Glen Mitchell Road in Sewickley Heights.

For reservations, call Sam Capezzuto at 412-741-6136 or e-mail FHNC@verizon.net.

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OPERA GALA



ENJOYING THE Pittsburgh Opera Association's Christmas Gala at the Duquesne Club were (from left) Dottie Urda of Sewickley, Corinn Lyon and Ann Connelly.

Daniel B. Matthews members plan busy year

This new year promises to be a busy one for members of the Daniel B. Matthews Historical Society of Sewickley, one of Pennsylvania's oldest African-American history organizations.

On Friday at 3:30 p.m., the society will celebrate the birthday of Dr. Martin Luther King Jr. with a program of spoken tributes and musical selections.

The event will take place in Sewickley's Triumph Baptist Church.

Mary Jane Gilliam, president of the society, also released results of a major study which documents the extraordinary contributions of a group of Sewickley's pioneer African-American families to the storied WWII legend of the all black 99th Pursuit Squadron, the 100th, 301st, 302nd, 332nd and 96th Air Service Group.

There are a record seven Tuskegee Airmen, six of them pilots, native to Sewickley. They were James Addison, Curtis Branch, William Curtis, William Gilliam, Frank Hailstock, Mitchell Higginbotham

A LOOK AHEAD

and William Allen Johnston.

A Pittsburgh chapter of the National Tuskegee Airman Inc. has been organized and will be coordinated by Robert Higginbotham II, nephew of one of the Sewickley seven, with the support of the 911th Air Force Reserve Wing at Greater Pittsburgh International Airport.

Coming up in February, Black History Month, the society will present the first of its Signature Public Policy Lectures centered around selected milestones in African-American history.

Entitled "Genius + Soul = A Quality Life For Everybody," this lecture will be presented at 3 p.m. on Sunday, Feb. 20, in the Community Room of the Sewickley Public Library.

The presentation will focus on the achievements of African-American scientist and inventors and will feature the accomplishments of two Black

American men of science: Benjamin Banneker and Lewis Howard Latimer.

Banneker is credited with laying out the original street traffic and pedestrian mobility design for Washington, D. C., a project commissioned by President George Washington.

Latimer, the son of runaway slaves and a self-taught electrical engineer, enriched the careers of Alexander Graham Bell and Thomas Alva Edison.

Students from area middle and high schools will be asked to recreate seven of Latimer's early electrical design experiments sanctioned by Edison.

Those with standout projects will be invited to join the society's spring tour to visit the museum in Cincinnati dedicated to the memory of Harriet Tubman, the ex-slave, credited by many historians to be the founder of the underground Railroad.

Funding is being generated for the final event of the year, which will celebrate Black Americans' cultural contributions to the performing arts.

MARRIAGE BOOSTER RETREAT

WHEN WAS THE LAST TIME YOU
AND YOUR SPOUSE TOOK THE TIME
TO REALLY FOCUS ON EACH OTHER?

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Don't fear...this isn't a lecture series. The Marriage Booster Retreat is an interactive and unique experience. Prepare yourself for fun, laughter, thought-provoking dialogue, and a special time for you and your spouse. Give yourselves a special gift as you spend some intentional time growing and revitalizing your marriage!

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Saturday, January 29th
8:30am to 4:00pm

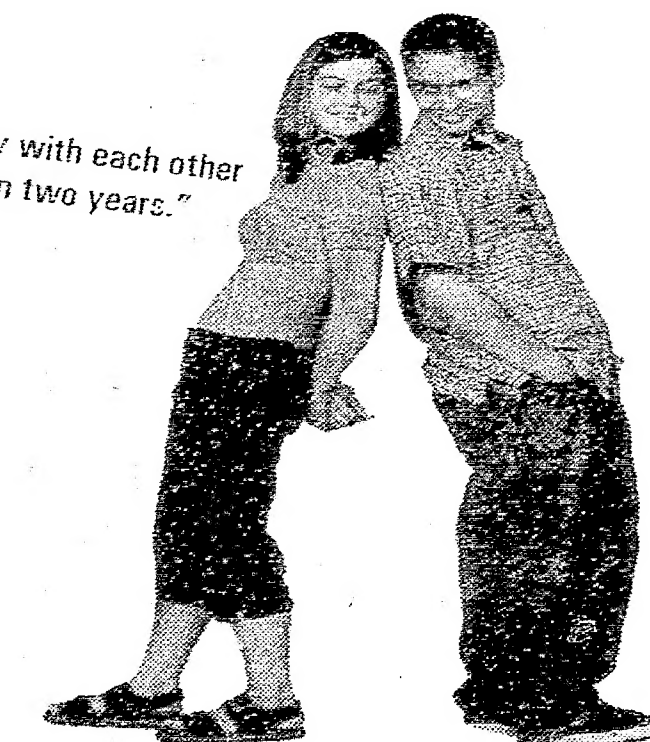
For information or to register at 412.741.1790

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ENGAGEMENT

WOJTKUN-BOATNER

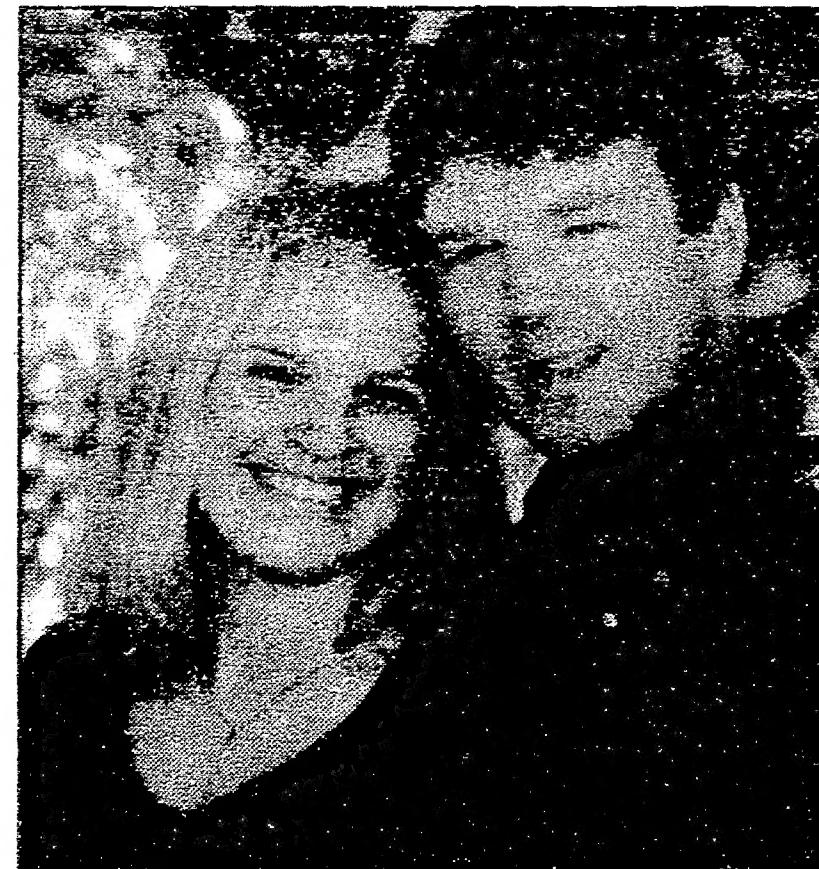
Dr. and Mrs. Peter Wojtkun of Georgetown announce the engagement of their daughter, Andrea, to J. Bryan Boatner of Sewickley.

Ms. Wojtkun, a graduate of Andover High School and Villanova University, is employed as a chemist at Biogen Idec in Cambridge.

Mr. Boatner is the son of James and Linda Edson of Sewickley and B. Herbert and Theresa Boatner of Safety Harbor, Fla.

A graduate of Sewickley Academy and Cornell University, he is a student at the Babson College F.W. Olin Graduate School of Business, and is employed as a sales engineer at the Cognex Corp. in Natick.

A July wedding is planned.



AT THE LIBRARY

Video travel series heads to Italy

The video travel series continues at Sewickley Public Library with "The Best of Sicily and Cinque Terre: Italy's Hidden Riviera" on Wednesday, Jan. 26, at 2 p.m.

Two episodes from Rick Steve's PBS travel program will be shown. Refreshments will be served.

The program is free. Register by calling 412-741-6920.

■ Then on Saturday, Jan. 29, at 2 p.m. the library will host "Armchair Traveler: A Trip to Venice."

This will be the kick off of a new monthly program.

Librarian Lynne Schneider will share photos and stories of her trip to Venice last May.

She won the trip by entering a

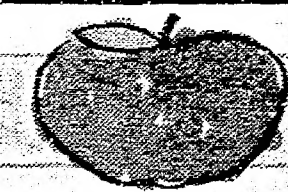


contest in the Library Journal and correctly answering questions about mystery writer Donna Leon.

The highlight of her trip was meeting the author.

Reserve your seat for a first-hand look at one of the world's most beautiful cities, as well as some literary background on Leon's popular mystery series set there.

The program is free. Register by calling 412-741-6920.



Preschool & Daycare Preview

Simple tools for early literacy for preschool children

By Dr. Virginia Mann

(NAPSI)—While many recognize that early literacy is critical to success in life, few know what the latest research tells us: Literacy development starts at birth. An innovative program in Southern California shows how to put this research into action.

Almost 30 years of research shows that two strategies work best from birth to age 5 to encourage early literacy skills: exposing children to spoken language and helping them to

become aware of the patterns, rhymes and sounds of words.

Fortunately, the complex skills necessary for early literacy can be developed through simple actions: Talk with your children, read to them, and engage them in conversation and language play.

Unfortunately, children in low-income families do not have the same exposure to language as those in affluent families.

Researchers Betty Hart and Paul Riseley show that affluent

children receive more spoken language input—an average of more than 300 words an hour, or 500,000 words a year.

Homes of the disadvantaged often rely too much on short or curtailed communication because of busy work schedules.

Children build much of their language mastery on simply hearing words. While "Hickory Dickory Dock" may seem to be no more than a silly poem, to children it is a toy box full of

words—a set of playful sounds that can be shuffled and combined like Lego blocks to create new words and sounds.

Nursery rhymes, poems, word games, letter names and sounds, and exposure to more complicated stories, vocabulary and songs build language skills.

Using these tools with preschool children draws their attention to the sounds of words and how they can be manipulated. The small sound segments within spoken words—called

"phonemes"—are segments that the alphabet represents. The successes of phonics-based curricula and decades of research show us that cultivating an awareness of these segments is a necessary part of early literacy.

The latest data show that any spoken language—English, Spanish or any other—builds the skills that a child needs to learn English. This means that parents who come to this country and want their children to learn English don't have to first learn English themselves.

The most effective strategy these parents can follow is to engage their children in conversation in the native tongue. The sound of words in any language is enough for the brain to prepare for continued learning of English.

The Children and Families Commission of Orange County, California provides the tools and information that adults need to promote their child's learning and language skills. Through the University of California at Irvine's Habla program—Home-Based Activities Building Language Acquisition—the commission supports increased verbal interaction in the homes of economically disadvantaged Latino children, between 2 and 4 years old.

Looking for a preschool program for your child?

Picture your child at Laughlin Center Preschool!

We build a solid foundation for young learners in a fun and nurturing environment that promotes self esteem.

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- Pre-K Program for four+ & five-year-olds.



Laughlin Center

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Enroll now for Fall, 2005

Visit us at Sewickley Library's Preschool Open House, January 26 from 7-8:30 p.m.

Laughlin Center Preschool is accredited by the National Academy of Early Childhood Programs (NAEYC).



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CLUB DATES

Senior Men's Club welcomes Pirates broadcaster

Bob Walk, former Pirates pitcher and current Pirates broadcaster, will address members of the Senior Men's Club on Friday, Jan. 21.

This is the 5th year in a row for Walk to meet and greet the club's membership at Sewickley Valley YMCA.

The 2005 season will mark Walk's twelfth year in the broadcast booth and thirtieth year in professional baseball.

Walk spent 14 years in the big leagues, 10 of those years with the Pirates from

1984 to 1993.

He compiled a 105-81 lifetime record and was 82-61 with Pittsburgh.

He made his major league debut with the Phillies in 1980 and was the starting pitcher in Game 1 of the World Series that October against Kansas City. With the spring of 1981, Walk spent three seasons in the Atlanta organization before being acquired by Pittsburgh in 1984.

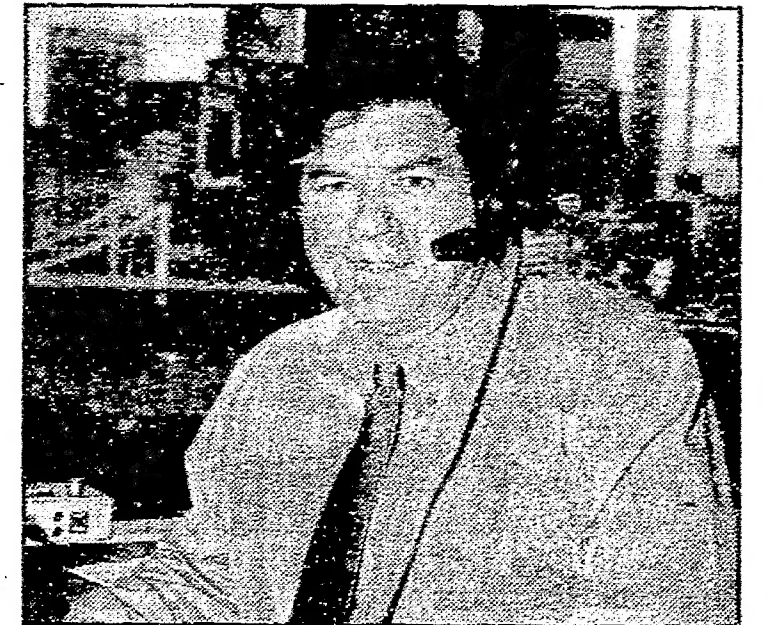
Walk was a 1988 National League All-Star and posted six straight winning sea-

sons from 1987 to 1992. His finest moment as a Pirate came in 1992 when he notched a 7-1 complete game victory over Atlanta in Game 5 of the National League Championship Series.

He and his wife, Lorrie, live in Wexford with their three sons.

The men's club gather at 9:30 a.m. for coffee and doughnuts at the YMCA. The program begins at 10.

All retired men of the area are invited to attend and to join the club.



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Upcoming Events

**Sewickley Valley
Chamber Of Commerce**
515 Broad Street, Box 300 - Sewickley PA, 15143
412.749.9676

To register or for more information,
visit us on the web at:
www.sewickleychamber.com

January 20th Chamber Mixer

From 5:30PM until 7:00PM
Held at the Borough Building,
Hosted by Kevin Flannery

**February 12th
Moxie Candle Trunk Show**
Please call 412-749-0920
for details

February 26th Ice Carving Festival

**March 24th
Chamber Mixer**
From 5:30PM until 7:00PM
Held at the Edgeworth Club,
Hosted by Don Reinhart from
The Sewickley Café and Gary
Sadler from National City Bank

**April 1st
Spring Gallery Walk**
From 6:00PM until 9:00PM

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Valley Chamber
Today!**

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If you or a loved one are experiencing back
pain or joint pain you may be considering
visiting a chiropractor. As with any medical
decision the process of finding a doctor you
are comfortable with is an important part of
the healing process.

Referrals from physicians, family & friends
are often helpful during the decision making
process. A continuing recognition and respect
for the chiropractic profession in the United
States has led to growing support for
chiropractic care all over the world. The
cooperative approach of traditional medicine
& chiropractic care saves millions of dollars
annually in regard to work disability
payments and direct health care costs.
Medical physicians often refer patients for the
non-invasive care of a doctor of chiropractic
when treating patients associated with
persistent pain.

Chiropractic care is often sought for
patients with back pain. The American
Chiropractic Association has compiled many

statistics from numerous sources regarding
this subject, such as: Thirty-one million
Americans have low back pain at any given
time. One half of all working Americans admit
to having back symptoms each year. One third
of all Americans over age 18 had a back
problem in the past five years severe enough
for them to seek professional help, and the
cost of this care is estimated to be a staggering
\$50 Billion yearly—and that's just for the more
easily identified costs!

These are just some of the astounding facts
about Americans and their miserable backs! Is
there any wonder why some experts estimate
that as many as 80% of all us will experience
a back problem at some time in our lives?

Because back problems are this common
it's probably going to happen to you too!
Shouldn't you find out what to do about it
before it happens rather than after? Why wait
until you're hurting to learn about your
treatment options? When you're hurting you
may not give this important decision the time

and attention it needs to make the best
choice.

Facts about manipulation as a treatment for
back problems:
Manipulation is one of several established
forms of treatment used for back problems.
Used primarily by Doctors of Chiropractic
(D.C.s) for the last century, manipulation has
been largely ignored by most others in the
health care community until recently. Now,
with today's growing emphasis on treatment
and cost effectiveness, manipulation is
receiving much more widespread attention. In
fact, after an extensive study of all currently
available care for low back problems, the
Agency for Health Care Policy and Research—
a federal government research organization—
recommended that low back pain sufferers
choose the most conservative care first. And it
recommended spinal manipulation as the
only safe and effective, drugless form of initial
professional treatment for acute low back
problems in adults! Chiropractic

manipulation, also frequently called the
chiropractic adjustment, is the form of
manipulation that has been most extensively
used by Americans for the last one hundred
years. Satisfied chiropractic patients already
know that D.C.s are uniquely trained and
experienced in diagnosing back problems and
are the doctors most skilled in using
manipulation for the treatment of back pain
treatment and related disorders. Chiropractic
spinal manipulation is a safe and effective
spine pain treatment. It reduces pain, decreases
medication, rapidly advances physical
therapy, and requires very few passive forms
of treatment, such as bed rest.
Doctors of Chiropractic believe that
prevention is the key to health and wellness.
For many health related conditions patients
experience relief with chiropractic care. In
addition to back pain chiropractic adjustment/
spinal manipulation is a treatment option for
arthritis, headaches, osteoporosis and sports
injuries.

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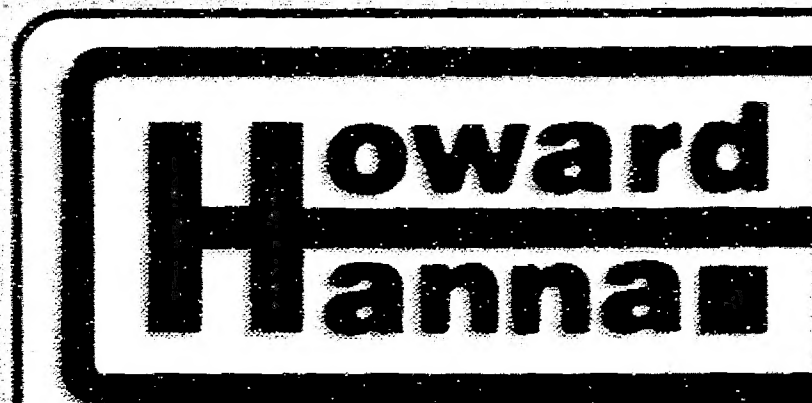


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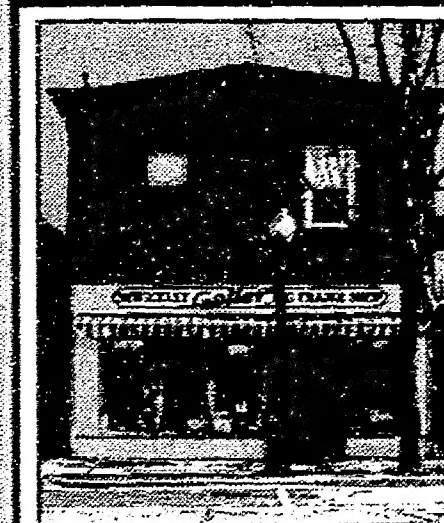
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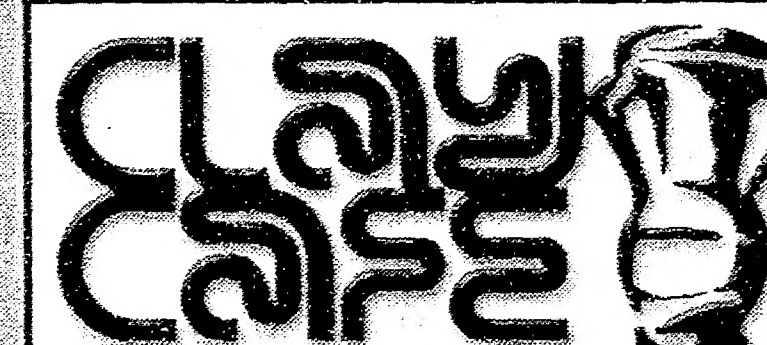


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HERITAGE VALLEY

Storkbites offers support

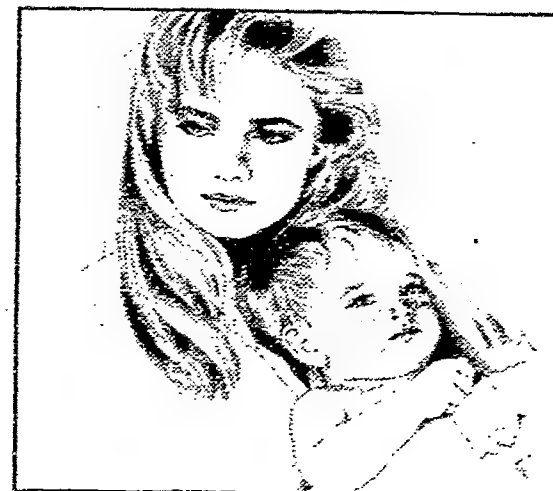
Storkbites, sponsored by Heritage Valley Health System, is a support group for mothers with a baby under a year old, which gives mothers a chance to talk with other mothers who are going through the same amazing and life-changing experience.

Storkbites allows mothers to share their successes and difficulties while talking about how their lives have changed and laugh together.

Mothers may bring their baby with them to the meeting. Storkbites meets for 6 weeks and has a different topic for each meeting.

This 6-week session is being held at the Sharon Presbyterian Church in Moon Township, Tuesdays, from 11 a.m. to 1 p.m.

The meetings are facilitated by Edith Davidson, Gail



Jackson and Diana Cooper, nurses from Sewickley Valley Hospital Women's Health.

For more information, call Cooper at 412-749-7625 or Davidson at 412-749-7494.

Heritage Valley Health System is made up of The Medical Center, Beaver, and Sewickley Valley Hospital, physician offices and satellite facilities.

Additional information about Heritage Valley is available at www.heritagevalley.org.

For more information on Sewickley Valley YMCA's health and recreation programs for all ages, call the Y at 412-741-9622.

OVGH's rehab center patients celebrate

Pittsburgh's Ohio Valley General Hospital, the Acute Rehabilitation Unit sponsored its annual patient reunion for those who had been recipients of its rehab services on Oct. 28.

AFTER CARE

Due to space constraints, all of the 1,540 patients who had received care since the unit's inception in June 1999 could not participate.

Patients from January 2003 through October 2004 were invited to the fifth floor ARU. Eighty patients with an additional 80 guests were treated to refreshments, prizes and a trip down memory lane, while demonstrating to all their rehab improvements.

Members of the administration, including Tony Caliguire, Janet Troff and Vicki Mell, were complimented by the attendees about the care, services, and outcomes of Ohio Valley's ARU.

Also, the Pulmonary Health Center held the third install-



CELEBRATING WITH the ARU were Irene Muchenski, Joseph Bayer and Anne Blumling

ment of its Better Breathers Club meeting on Nov. 9.

Approximately 30 individuals with chronic lung disease and their families attended the session in Willow Heights.

Attendees were treated to a very timely and informative discussion on flu, influenza, pneumonia and vaccines by Dr. Stephen Basheda, medical

director of the PHC.

Following the presentation, Klingensmith Home Health and Pfizer Pharmaceuticals provided an in-service on the latest home oxygen delivery system and information on the new COPD drug Spivira, respectively.

The next Better Breathers Club will meet in February.

THINGS TO DO

Voices wanted

Auditions for the River City Youth Chorale of Pittsburgh will be held now through Jan. 31.

Girls age 8 to 18 are invited to audition for the Spring Tour to Walt Disney World.

Call 412-635-8871 to audition, or visit the Web site at www.rcygirlschoir.org.

■ Sewickley Public Library has added new music to its collection. Available are releases by Britney Spears, Interpol, Limp Bizkit, Le Tigre, Destiny's Child, R.E.M. and others.

New books are also on the shelves — "Promise You Won't Freak Out," "Pepperland," "Jude," "Car Smarts: Hot Tips for the Car Crazy" and "You Can Change Your World: Creative Ways to Volunteer and Make a Difference."

The library is located at 500 Thorn St., Sewickley. Call 412-741-6920 for information.

SHARING & CARING



LEADERS OF

Brownie Troop #1110, Aimee Benedict, Sandra Lane and Belinda Resler, helped the girls collect food for the Sewickley Community Center Food Pantry. Collections were made at each Brownie meeting from September-December. The goods were taken to the center on Dec. 14. Members of the troop are (top row, from left) Lydia Sopp, Laura Kuo, Annie Halcomb, Ashley Mckendry, Ciara Resler and Nicholle Benedict; (bottom, from left) Molly Wicker, Savannah Resler, Sydney Lane, Morgan Pettigrew and Giovanna Brown.

Life Matters!

Tsunami Relief Benefit



St. Stephen's Church,
Grace Commons Auditorium
Saturday, January 22nd,
7:00pm-9:00pm

*Come early (6:00) for a creative and casual worship service!

Join us for a community wide outreach to benefit victims of the tsunami. Local artists, photographers, craftsmen, musicians, bakers and businesses will be donating some of their works/products to be auctioned or sold at this event. All proceeds will go directly to Tsunami relief efforts.

If you have a work or product, or baked goods you would care to submit for this effort please contact:

Patrick Dominguez: 412-741-1790 X137,
pdominguez@ststephenschurch.net

or

Anna Kate Mulvihill: 412-741-1790 x114
amulvihill@ststephenschurch.net

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604528G504

January at the Frick Art & Historical Center



Image: Bakewell, Page & Bakewell, Decanter with Stopper, 1825-1830. Blown and cut glass; embedded clay cameo of George Washington. Collection of Richard and Lesley Harris. Photograph by J. David Bohl.

MUSEUMS

The Frick Art Museum
Admission always free

Artistry & Innovation
in Pittsburgh Glass, 1808 - 1882;
From Bakewell & Ensell
to Bakewell, Peers & Co.
Opens January 22

This exhibition is organized by the Frick Art & Historical Center. This project is made possible, in part, through generous grants from the Richard C. von Hess Foundation, the Henry L. Hillman Foundation, the MSA (Mine Safety Appliances Co.) Charitable Foundation, the Pennsylvania Historical and Museum Commission, The Richards Foundation, The Willstein Charitable Foundation, PNC Advisors, a member of The PNC Financial Services Group, Inc., Reed Smith LLP, the Juliet Lea Hillman Simonds Foundation, Maxine and William Block, Dominion, Mark A. and Karey J. Joensen, and Harley N. Trice, Esquire.

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Marvels of Maiolica:
Italian Renaissance Ceramics from
the Corcoran Gallery of Art Collection
Opens January 22

This exhibition is organized by the Corcoran Gallery of Art, Washington D.C. This exhibition is made possible by the Scott Opier Foundation, Inc.

Bakewell and Maiolica Opening:
Friday, January 21, 2005
6:00 - 8:00 p.m.
The Frick Art Museum
Wine and Hors d'oeuvres
Members: \$15
Non-members/guests: \$20
Reservations recommended
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Clayton
Tour the restored 19th-century Frick family home and experience the splendor of the Gilded Age.

Car and Carriage Museum
Admission always free
See a 1932 Packard Super Eight convertible sedan.

PROGRAMS

Curator's Lecture:
Neoclassical Expression in Bakewell Glass
Arlene Palmer, guest curator,
Artistry and Innovation in Pittsburgh Glass
January 23, 1:30 p.m.

MARK YOUR CALENDAR

Adult Workshop:
Maiolica Motifs
Create your own tin-glazed earthenware plate!
February 3 and 10, 7:00 - 9:30 p.m.
Advance registration required

DURING YOUR VISIT

The Café at the Frick
Now serving our gourmet winter menu.

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Historical
Center

Frick Art & Historical Center
7227 Reynolds Street
Pittsburgh, PA 15208
412-371-0600
www.frickart.org

604094G504

Thanks Mom!

We Want to Thank Moms for Sewickley, What a Great Job!

Eddie & Diane Marx, E.M. Jewelers

- ADVERTISEMENT -

The Mole Hole of Pittsburgh — a most unique gift shop

The Mole Hole has been located in The Strip since November of 1997. We have loved it there — the people, the shops, the wonderful food, and most of all — you, our faithful customers. The time has come, unfortunately, for us to move on to a different place. The high rents, plus the many city fees, the lack of parking, etc., has forced The Mole Hole to close its doors on January 31, 2005 at the latest.

As many of you know, the Mole Hole does not stock very many things in depth. Therefore, we invite you to come to the Mole Hole soon to find really good bargains while there is still a wide selection of the many treasures carried by our gift store.

In addition to all of the merchandise, the display fixtures and lovely cabinets, the tables — everything must go. The important thing is that you, our fantastic

customers, come in to the store before the selection is depleted. We will not be reordering nor can we place items On Hold.

The Mole Hole is having a final clearance of up to 80% OFF. Everything must go including displays.

The fixtures will be available, as they become empty. A non-refundable deposit will hold the fixture for you until it becomes able to be removed from the store.

Terry, Carole, Patti Jo, Peggy, Linda and Terrance feel really honored that you have shopped with us for more than 12 years. We will be sorry to leave The Strip! It has been a super experience and we thank you for your past and present patronage.

The Mole Hole in The Strip is located at 1729 Penn Ave. They are open 6 days a week. For more information, call 412-281-7060.

CLASS OF 2016



FIRST GRADERS in Mrs. Kelly Gary's class in Sewickley Academy are (first row, from left) Erin Sebastian, Emily Amato and Colby Schmitt; (second row, from left) Ryder MacDougall, Jotham Thodiyil, Willie Paul, Clifford Krey and Ryan Hilberg; and (third row, from left) Scott Brown, Donald Bryant, Geoffrey Schuchardt, Isabel Billiar, Laura Kirkland and Adam Snyder. Nikolai Goebel was absent.

Photo by Tim Edmonson

SEWICKLEY IN THE 70s!

Sewickley Up Front
A Decade
in Black & White

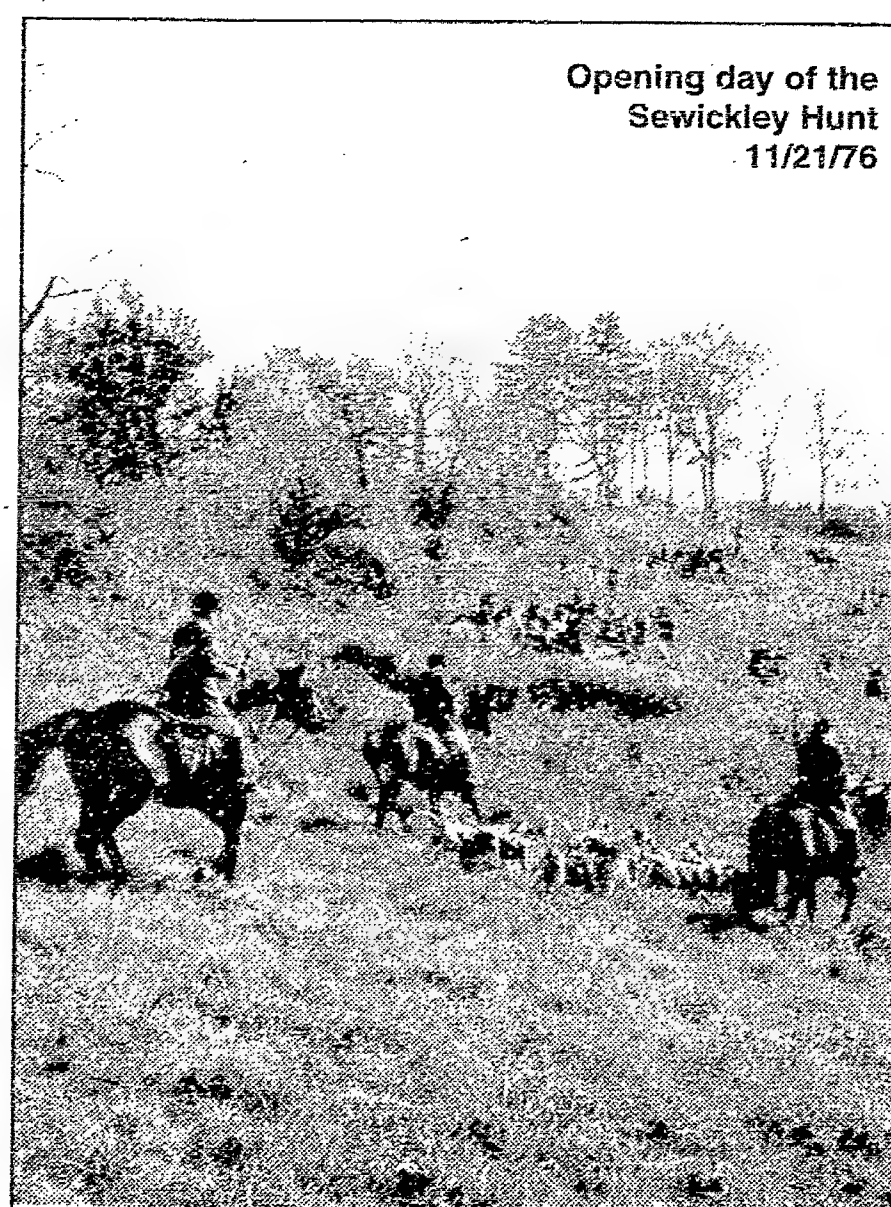
A retrospective written by B.G. Shields

Go back in time by reading
Sewickley Up Front —
A Decade in Black & White.

AVAILABLE BY MAIL

The book can be ordered by mail through Gateway Newspapers, 610 Beatty Road, Monroeville, PA 15146. Make checks payable to "Sewickley Book."

Cost: \$19.95

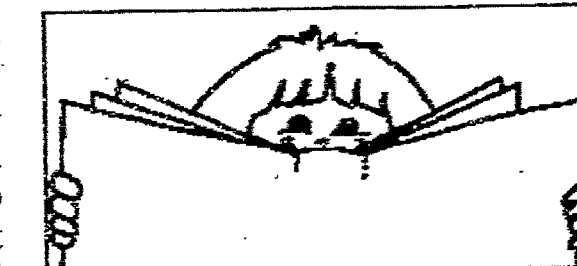


Opening day of the
Sewickley Hunt
11/21/76

602917G504

Storywalk made for preschoolers

Pre-school age children and their families are invited to Storywalk, a series of story-telling sessions and arts and crafts activities from 10 a.m. to noon on Saturday, Jan. 22, at the Osborne Elementary School gymnasium.



The Early Childhood project, partially supported by a grant from the Child Health Association of Sewickley, is directed by Betsey Wilson, program coordinator and a kindergarten teacher at Osborne Elementary School.

Storywalk is sponsored by the Early Childhood Project of Quaker Valley School District, a program designed to encourage families in the district to send their young children to a pre-school to better prepare them for success in school.

At Storywalk, children may sit in on five different story-readings, complete with props, costumes and related artwork and music. They will be able to

take a book home with them and there will also be snacks and crafts and educational information for parents.

The stories will be read by Susan Flanders, Osborne kindergarten teacher; Karen Hallisey, early childhood director of the Sewickley Valley YMCA; Rita Kramer, Osborne building secretary; Rita Crawford, children's librarian at the Sewickley Public Library of the Quaker Valley School District; and Sue Brutout, Osborne Elementary School librarian.

The artwork for Storywalk was created by Quaker Valley staff, students and parents.

FIRST STEPS

Storywalk is sponsored by the Early Childhood Project of Quaker Valley School District, a program designed to encourage families in the district to send their young children to a pre-school to better prepare them for success in school.

At Storywalk, children may sit in on five different story-readings, complete with props, costumes and related artwork and music. They will be able to

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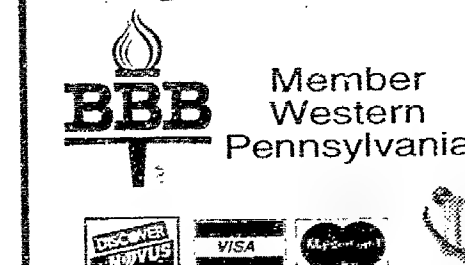
Tues.-Thurs. 9am-7pm • Fri. 9am-5pm
Sat. 9am-4pm

www.pinetreewellnesscenterandspa.com

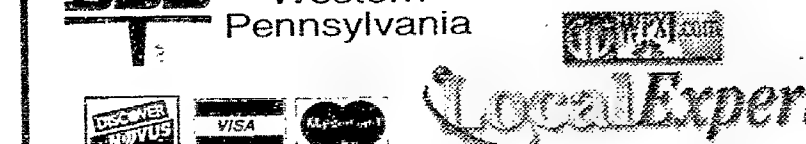
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354923G504

PLAUDITS

Local students earn honors

Thomas Goodwin, son of Wilson and Elizabeth Goodwin of Sewickley, was named to the dean's list for fall term at Northwood University.

To achieve dean's list recognition, students must earn a 3.25 grade point average on a 4.0 scale.

Antonio Juliano, student at Sewickley Academy, was named one of the 2005 Young Artists after The Pittsburgh

Concert Society's audition earlier this month.

He was the recipient of a \$500 Anna and Benjamin Perlow Scholarship to help further his musical education.

A soprano, Antonio will perform in the Feb. 6 concert at Kresge Recital Hall, Carnegie Mellon University.

For ticket information, call 412-279-2970 or visit www.pittsburghconcertsociety.org.

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9-5 Monday-Friday

8-5 Saturday



603406G504

JUST FOR SENIORS

SeniorNet offers centers for learning

The Lutheran Service Society of Western Pennsylvania (LSS) opened the first SeniorNet Learning Center in Allegheny County in May 2000 with start-up funding from the Howard Heinz Endowment.

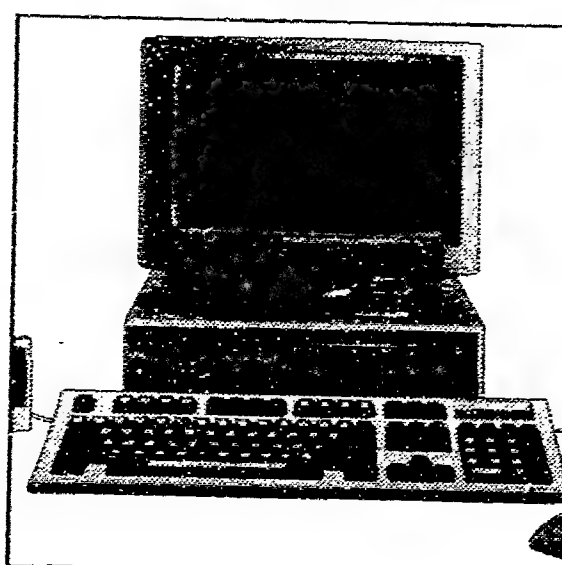
As an internationally recognized non-profit organization, the organization's mission is to provide adults age 50+ access to and education about computer technology and the Internet to enhance their lives and enable them to share their knowledge and wisdom.

Since its founding, more than 1,500 older adults have received computer training at learning centers. With more than 250 learning centers worldwide and more than 15 years of "bringing wisdom to the Information Age," the centers are a doorway into our technologically oriented lifestyles.

For local seniors, a learning center is located at the agency's PrimeTime Activity Center, 440 Lincoln Avenue, Bellevue.

The LSS SeniorNet Learning Center has 75 volunteers who have logged more than 20,000 hours of service to the program.

The center features small classes, peer volunteer instructors and coaches, and lots of individual attention, all key ingredients for the adult learner.



learner.

SeniorNet is more than a class; it's a community. Because it is peer-training, senior students and volunteers become like family. There are many social events planned throughout the year to foster this community feeling.

To meet the demand for SeniorNet training, LSS opened a satellite learning center, in partnership with the Carnegie Library of Pittsburgh, at the

Library Center, Fourth and Wood streets, downtown.

And in 2003, three new SeniorNet satellites were opened in East Liberty, Franklin Park and Pine-Richland.

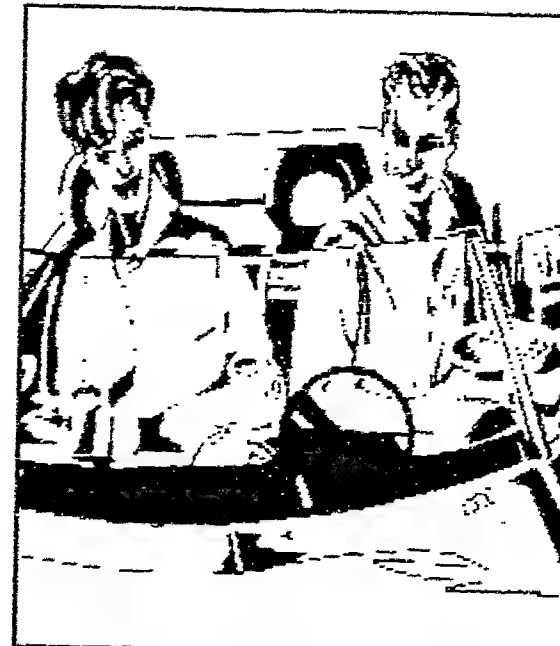
A new SeniorNet spinoff called "SeniorNet Road Show" takes the SeniorNet experience to senior centers, restaurants and other places where older adults congregate, to provide Internet training using wireless technology.

Funding for the road show is made possible by the United Way of Allegheny County Innovation Fund and the Vira Heinz Endowment.

For more information about SeniorNet, or to inquire about classes, call Norm at 412-734-9330, or visit the SeniorNet website www.seniornet.org or the LSS website www.lsswpa.org.

Fifty Plus Expo presents topics with senior slant

More than 125 exhibits and seminars on everything from health care to finance will be available for visitors at the second annual Fifty Plus Expo, set for Saturday and Sunday, Feb. 12 and 13, at the Pittsburgh Expo Mart in Monroeville.



UPCOMING

Expo hours are 10 a.m. to 5 p.m. Saturday and 11 a.m. to 4 p.m. Sunday. Admission is free.

The expo is expected to attract more than 8,000 people, making it the single largest consumer event for the 50-plus market in the region.

There will be a variety of products and services targeted specifically for mature adults, including cooking, gardening, fitness, education, career, beauty, home furnishings, travel and business.

There will also be feature presentations on the main stage, cooking demonstrations and fashion shows.

A broad array of gift and home items will be for sale, including jewelry, spa products, kitchen accessories, clothing, art, garden treasures, educational books and toys, and scrapbooking supplies.

Financial planners, mortgage bankers and investment advisors will be on hand.

Health screenings include

bone density scans, cholesterol checks, body-fat analysis, heart-attack risk assessment and blood pressure checks.

Seminar and workshop topics are creative wellness, food cravings, live music/bands, age and sleep, pain remedies, dancing clinics and vacation places.

The expo will feature a Las Vegas casino-styled area, complete with Black Jack, roulette, craps and poker tables.

The educational area is designed to teach the rules of the games and latest strategies for winning. No money is used, only chips.

There will also be exhibits with employment opportunities for those 50 and older. Seminars will be offered on working after retirement and home-based businesses.

For more information, visit www.fiftyplusexpo.com.

Gateway Newspapers

CLASSIFIED MARKETPLACE

January 19, 2005 • Your Classified Resource • West Edition

200 Jobs Listed

TODAY'S SPECIAL SECTION

Find a Mentor

HOW TO MANAGE YOUR JOB

It may have been yet another reality television show, but the first edition of "The Apprentice" created a cast of inspirational businessmen and businesswomen. The NBC hit, which has young men and women compete for a position as president of one of Donald Trump's buildings, turned its recent contestants into mentors of sorts. They are writing books, penning newspaper columns and participating in speaking engagements, offering top business secrets. Men and women of all ages have been inspired by the cast's drive and talent and seek to be mentored by this successful group.

BENEFITS OF A MENTOR
There's no doubt that everyone can benefit from a mentor. Rose M. Patten, Senior Executive Vice-President, Human Resources and Head, Office of Strategic Management at BMO Financial, says mentors are as important to career success as hard work and talent. Why? Because mentors can teach you how to operate in the working world. Mentors can connect you with the experiences and people you need to move ahead. They can show you the ropes and maybe even pull some strings, opening new doors of opportunity for you. Patten says her mentors over the years also have built her self-confidence and fueled her desire to do better.

FINDING A MENTOR
Patten says there are numerous places to look for a mentor. It could be someone you have heard speak at a seminar, someone that you met through a friend or someone you were introduced to through your company's mentoring program. Believe it or not, your mentor does not have to be from your industry. Patten says the challenges and obstacles that successful people overcome to become the person they are today are not industry specific.

WHAT MAKES A GOOD MENTOR?
Look for someone you think would challenge, encourage and inspire you. Patten adds that mentors should listen to you, ask for your opinions and, above all, have a genuine desire to see you succeed.

400 Garage Sales

TODAY'S SPECIAL SECTION

What's Your Junk Worth?

HOW TO MANAGE YOUR HOME

You could be tossing \$100 bills in the trash every time you clean out the house or garage.

The values of ordinary looking items has skyrocketed in recent years, according to Tony Hyman, host of "What's It Worth?" on CBS-TV. Because many valuables were inexpensive or look like junk, folks don't realize how much these items are worth to today's collectors. As a result they get thrown away or sold on lawns for pennies.

The top 10 items you should never sell at a yard sale include:

1. Cast iron cookware: any skillets, griddles, roasters, and muffin pans made in the U.S. of cast iron are likely to have value from \$10 to \$1,500, especially odd shapes.
2. Balsa wood: Balsa in good condition, these 70's toys bring \$500 and up and can be sold with one phone call.
3. Custom jewelry: plastic and rhinestones that cost \$5 or less in the 1930's and '40's frequently bring multiple hundreds of dollars today (a plastic 40's ring pin recently sold for \$4,800).
4. Christmas decorations: the season may be over, but collectors always love glass ornaments, Santa figures, and early artificial trees or feathered or aluminum.
5. Beer pipes: smelly used ones made by Dunhill, Caminetti, Savinelli and other premium makers bring \$25 to \$500.

Electric trains: experts predict values to fall sharply in the next few years and advise selling now. Lionel train sets from the 1950's can put thousands of dollars in your pocket.

Hawaiian shirts: if it's all silk or rayon and has a colorful print, a shirt is likely to bring between \$50 and \$1,000.

Halloween decorations: papier mache jack-o'-lanterns and cardboard skeletons have value as does anything, even crepe paper decorated with cats and witches.

Cigarette lighters: values of the big names like Ronson's, Zippo's, Evans' and Dunhill's can range from \$5 to \$5,000 so expert advice is essential.

Pottery marked with a maker's name: a \$100 yard sale vase sold by its new owner for \$35,000 with the help of an expert referred by Dr. Hyman.

500 Real Estate

TODAY'S SPECIAL SECTION

Apartment FYI's

HOW TO MANAGE YOUR HOME

Living in an apartment presents distinct design and home improvement challenges for renters. Oftentimes, landlords restrict improvements by tenants, imposing rules against painting, structural changes and wallpaper application. Check your lease or consult with your landlord if you are unsure of what is and is not allowed.

For those who are looking to make changes to their apartment, there are ways to follow the rules while also adding a creative flair to your living space.

Overcome bland paint: Neutral wall tones make it easier for landlords to rent out the apartment. Just think of the effort involved in priming and painting over a bold tone every time a tenant vacates the apartment. But what should you do if you are starving for some color as you stare at white walls? Accessories and wall hangings can add the splash of color you need. Seek artwork that is oversized and full of color and movement. Furnish the room with bright, bold-colored sofas, chairs and love seats that can compensate for lack of color elsewhere. Colored light bulbs or shades can create lighting that casts a hue in the room.

Wallpaper drama: Wallpaper can be very difficult to remove, often making it forbidden in apartments. However, you may want to look into wallpaper borders. Just be sure to consult with your landlord first. There are self-adhesive, removable varieties. This makes it easy to change your design scheme on a whim, or remove the border if you are moving out of the apartment. They can add a fun mood to bathrooms or kitchens when coordinated with matching accessories.

Beneath your feet: Most landlords will allow a change in carpeting if it already exists in the apartment and has become dirty or grimy. Some don't want a permanent improvement like carpeting to be made, since it requires taking or nailing into a subfloor. However, you have another option: Manufacturers offer carpeting kits that interlock together and are not attached to the floor. They work like puzzle pieces and can be removed and taken to your next residence. For permanent changes, like orange-jellicum in the kitchen or slick-down tiles, ask your landlord before proceeding. He may be willing to offset the cost of this improvement since it could add value to the apartment.

800 Automotive

TODAY'S SPECIAL SECTION

Keep That New Car Look

HOW TO MANAGE YOUR CAR

There is no mistaking the appeal of a shiny new car. That fresh-from-the-dealership look turns heads and garners nods of approval. But pollution, weather, scratches and a host of other pesky problems can leave your car's exterior looking dull and less appealing.

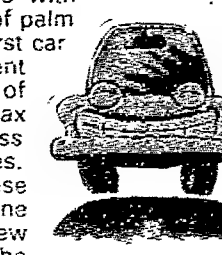
Perhaps you'd think that waxing can help restore shine to your car. Well, not if you don't use the right product. Many commonly used waxes can actually dull a new car's finish. They use a combination of wax or silicone and a harsh abrasive polish, which causes tiny scratches. The scratches can deflect light, ruin new paint and reduce overall shine.

Your new car should not be exposed to these abrasives. A washing and a touch up with an abrasive-free wax may be all you need to once again get that sparkling, fresh-from-the-dealership shine.

The most effective waxes are made with Carnauba wax, found in a select group of palm trees that grow mainly in Brazil. The first car waxes were composed of this ingredient and were abrasive-free. As the costs of gathering and importing this natural wax skyrocketed, chemists created less expensive "wax-less" substitutes.

Abrasives were then added to these products and billed as the "lazy man's one stop car polish." Unfortunately, these new waxes have never been able to equal the extreme high gloss and lasting power of pure Carnauba wax. Since the progression from Carnauba to man-made synthetics occurred over many years, only astute consumers realized they were getting less shine for their money.

Today, it is difficult to find an abrasive-free car wax with the best grades of Carnauba. Malm Chemical Corp. markets a blend of non-abrasive Carnauba waxes. It is reported that a two-ounce bottle of their concentrated Carnauba should cover as many cars as a pint of typical store-bought wax.



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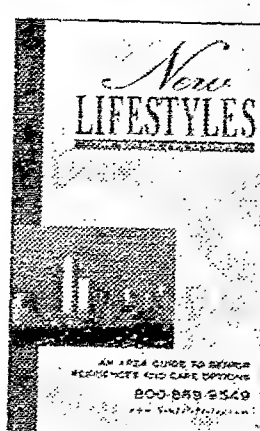
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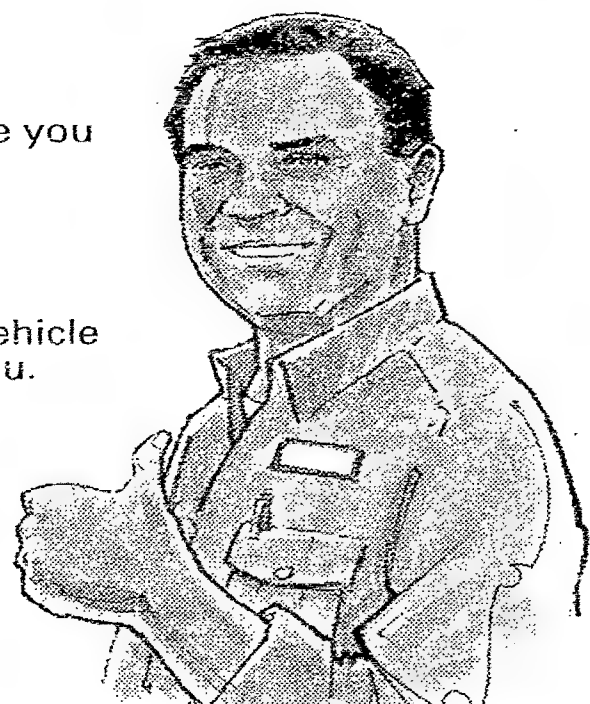
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400.....	Items For Sale
500.....	Real Estate Rentals
600.....	Real Estate Sales
700.....	Business Opportunities
800.....	Wheels

HOURS

Monday - Friday.....8:30AM - 5PM

DEADLINES

West Communities.....	Mon. at 12 Noon
North Communities.....	Mon. at 12 Noon
East Communities.....	Mon. at 3:00 PM
Southwest Communities.....	Mon. at 3:00 PM
Legals.....	Fri. at 4:00 PM
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Business Services Directory.....	Fri. at 12 Noon

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• Penn-Trafford Star	• West Allegheny Record
• North Communities	
• Cranberry Journal	
• North Journal	
• McKnight Journal	
• News Record Weekender	

STL027104-21

LEGAL NOTICE BOROUGH OF SEWICKLEY HEIGHTS ZONING HEARING BOARD

Notice is hereby given that the Zoning Hearing Board ("Board") of the Borough of Sewickley Heights, will conduct hearings to be held Thursday, February 3, 2005 at 5:00 p.m. at the Borough Hall, Country Club Road, Sewickley Heights, Pennsylvania, concerning the following matters:

1. The Board will consider a variance request of the Zoning Ordinance No. 213, as amended, Dr. and Mrs. Nasarollah Jahdi are requesting a variance regarding their pillars. The pillars (structure) are in excess of eight feet in height and within 100 feet of the lot line, on their property on Fair Acres Drive. The pillars violate "Article V, 'A' RESIDENCE DISTRICT REGULATIONS, Section 5.5 Building Setbacks: No structure shall be erected less than one hundred feet (100') from any lot line." The pillars violate "Article II, DEFINITIONS AND TERMS, Section 2.2.48 Structure...any driveway entrance structure not exceeding eight feet (8') in height."
2. The Board will render a decision regarding the Bazmi hearing of December 21, 2004.
3. The Board will provide for the continuation of the Thompson hearing of December 21, 2004.

Documents filed with the Board concerning the above matters can be viewed by any interested party during regular business hours at the Borough Hall.

BOROUGH OF SEWICKLEY HEIGHTS
ZONING HEARING BOARD
William P. Roche
Borough Manager/Zoning Officer

(934 1-19, 1-26-05, 2T)

KENNEDY TOWNSHIP Allegheny County, Pennsylvania

NOTICE OF MEETING DATES

The Kennedy Township Board of Commissioners herein gives notice of meeting dates for the year 2005 as follows unless otherwise advertised:

Board of Commissioners Meeting:
Caucus Session: Second Monday of each month commencing at 7:00 P.M.
Business Session: Second Monday of each month immediately following the Caucus session.

Both meeting sessions will be held at the Kennedy Township Municipal Center, 340 Forest Grove Road, Coraopolis, PA 15108.

Planning Commission Meeting:
January through October: Fourth Wednesday of each month, November and December: Third Wednesday of each month. Meetings will commence at 7:00 P.M. at the Kennedy Township Municipal Center, 340 Forest Grove Road, Coraopolis, PA 15108.

Zoning Board Hearings:
Called as required by the Chairman.

KENNEDY TOWNSHIP
BOARD OF COMMISSIONERS
Gary Vituccio
Township Manager

(935 1-19-05, 1T)

NOTICE

Notice is hereby given that Deep Valley Coal and Disposal, Inc., 7111 Steubenville Pike, Oakdale, PA 15071, has submitted an application to the Department of Environmental Resources, Bureau of Mining and Reclamation, for the purpose of renewing its existing Surface Mine permit and the related NPDES permit.

The current permit (No. 02743004R) was issued on 3/25/85 and will expire on 3/25/2005. (This Renewal does not contain revisions to the existing operation.)

The operation is located in Allegheny County, North Fayette Township, and is situated on Steubenville Pike behind Parkway West Technical School on the Deep Valley Properties. The discharge from the permitted area enters the Robinson Run watershed and the site of the Operation is located on the Pinkerton Run 7-1/2" topographic map 10.5 inches north and 7 inches west of the bottom right hand corner of the printed area of the map.

A copy of the renewal application is available for public viewing and copying for a fee at the Greensburg District Office, R.D. #2, Box 603-C, Greensburg, Pa. 15601-9802. Written comments, objections, or a request for an informal conference concerning this renewal application should be submitted to the

District Mining Manager at the above address no later than thirty (30) days following the final publication date of this notice on February 9, 2005.

(951 1-19, 1-26, 2-2, 2-9-05, 4T)

LEGAL NOTICE BOROUGH OF EDGEWORTH Allegheny County, Pennsylvania

Notice is hereby given that the Edgeworth Zoning Hearing Board ("Board") will conduct public hearings on Wednesday, January 26, 2005 at 7:30 p.m. in the Edgeworth Borough Building, 301 Beaver Road, Edgeworth, PA 15143 concerning the following matters:

1. At 7:30 p.m. the Board will consider a request by John Burger and Louis Dell'Aquila for a variance from Section 130-56(1) of Chapter 130 of the Code of the Borough of Edgeworth ("the Code"), as amended, concerning the requirement that all parking areas must be surfaced with asphalt or concrete and gravel will not be acceptable in the C-1 zoning district.
2. At 7:45 p.m. the Board will re-open the hearing on the request of Mr. and Mrs. Robert VanKirk of 601 Academy Avenue for a variance from Article V, Section 130-21(B) of Chapter 130 of the Code concerning minimum side yard setback in the R-2 zoning district.

Plans and other documents that have been filed with the Board concerning the above may be reviewed by any interested party during regular business hours at the Borough Office, 301 Beaver Road, Edgeworth, PA 15143.

Martin C. McDaniel
Borough Manager/Zoning Officer

(903 1-12, 1-19-05, 2T)

LEGAL NOTICE KENNEDY TOWNSHIP COUNTY OF ALLEGHENY

At a Special Meeting held December 30, 2004, at 7:00 A.M., at the Kennedy Township Municipal Meeting Center, the Board of Commissioners adopted the Final Operating Budget for the year 2005 as follows:

General Fund.....	\$ 4,632,763.00
Sewer Fund.....	\$ 5,734,405.00
Liquid Fuels Fund.....	\$ 128,957.00
Total Budget.....	\$10,496,125.00

Consistent with the foregoing, Ordinance Nos. 419 and 420 were enacted at said meeting, appropriating expenditures for 2005, and fixing the Township tax rate at 1.35mills. The Budget in full text is available for inspection at the business office, 340 Forest Grove Road, Coraopolis, Pa. 15108, Monday through Friday, during normal business hours.

KENNEDY TOWNSHIP
BOARD OF COMMISSIONERS
Gary Vituccio
Township Manager

(936 1-19-05, 1T)

NOTICE OF AUDITOR'S REPORT OF FOX CHAPEL AREA SCHOOL DISTRICT

A detailed report of the examination of the financial statements of Fox Chapel Area School District for the school year ended June 30, 2004 has been submitted to the Board of School Directors, and is available for public inspection at the Office of the School District. Notice is hereby given that said report has been filed on January 3, 2005 with the Prothonotary of Allegheny County, Receipt No. GD-05-000017 and that the same will be confirmed absolutely unless an appeal is taken therefrom within thirty days after the filing thereof.

HOSACK, SPECHT,
MUEITZEL & WOOD LLP
(947 1-19, 1-26, 2-2-05, 3T)

OSBORNE PLANNING COMMITTEE MEETING

The Osborne Borough Planning Commission will meet on Wednesday, January 26, 2005 at 7:00 p.m. in the Osborne

110

PERSONALS

ADOPT Adopting your newborn into our happy safe home would be a gift to cherish. Please Call us, Angelique & Frank 1-800-608-9614 Pin # 54 Exp. Pd.

ADOPTION
Married Couple Wants to share our love & home with your newborn. Will provide emotional & financial security & a lifetime of love & happiness. Expenses Paid. Call Maureen & Don 1-800-737-7712

114

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NEED AFFORDABLE HEALTHCARE? 59.93/mo per family, no limitations, all pre-existing Conditions ok, call P.S. Family Healthcare! 800-531-2630 sc W-1034



218

GENERAL HELP WANTED

SSCASH MONEYS\$ 2004!
\$47 Billion left unclaimed 2004. Private, Government grants for personal bills, School, Business, etc. never Repay! Live Operators! 1-800-410-2592 ext. 14

\$750 WEEKLY SALARY!
Workers needed immediately. 100% No Commute. Genuine opportunity. FREE INFO! Call Now! 1-800-741-8225 24 hrs.

\$990-\$2320 WEEKLY POSSIBLE Starting next Week!! 80 Companies Need workers immediately. No suit No Commute! 100% SATISFACTION GUARANTEED! FREE Info. Call Now! 1-800-311-7891 24 hrs.

To place your legal call, 412-856-7400 ext. 101

January 19, 2005

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Fax: (412) 262-8847
Email: humanresources@atmprof.com
Visit us at: www.atmprof.com

All resumes are held in strict confidence. EOE
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Days & Nights Available in a Personal Care Home. Must be reliable. Must be able to work with the elderly. Refs needed.

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Full Part-time. Must be able to work weekends. Great benefits. Job advancement. Apply in person at Motel 6 1170 Thorn Run Rd. Coraopolis EOE

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Howard Hannan
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Call Arlene (412) 262-5500 4079695902

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Advertise your rentals in the classifieds. Call 412-372-7923

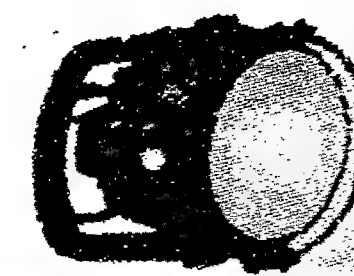
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NEEDED For Store Evaluations. Get paid to shop. Local Stores, Restaurants & Theaters. Training provided. Flexible hours. E-mail required 1-800-585-9024 ext. 6262

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Pittsburgh based national convention planner. Establish contracts with new clients and assist in the production of events. Weekends, evenings and 20-30% travel nationally. MS Office required along with successful sales track record preferably in events management. Degree a plus. Immediate Direct Hire, Call Specialized Staffing at 1-866-240-5150 for an interview.

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407482G504

407463G504



Spotlight

DIETARY OPPORTUNITIES

Heritage Valley Hospital, a member of Heritage Valley Health System accepting applications for the following positions:

DIETARY HOST/HOUSTESS & CAFETERIA SERVER

Must be able to read, write, and understand written and verbal instructions.

COOK

Requires H.S. diploma or GED & 1-year cooking experience in hospital, multi-service institution, or restaurant.

• All positions are part-time and require employees to work rotating days/shifts, weekends and holidays.

We offer competitive salaries, a flexible benefits program, paid time off, on-site parking, and more. For immediate consideration submit resume and your position of interest to: **Sewickley Valley Hospital, HR Department, 720 Blackburn Road, Sewickley, PA 15143; fax to 412-749-7428.**

For more information on these and other opportunities or to apply on-line go to www.heritagevalley.org



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MASONIC VILLAGE AT SEWICKLEY

1000 Masonic Drive
Sewickley, PA 15143

412.741.1400



We offer competitive pay and excellent benefits.

Some part-time positions are eligible for limited benefits. We have a \$1/hr. weekend differential.

HOUSEKEEPING

Full-time in Retirement Living Working 7:30a.m. to 3:30p.m. must be available to work 4 hour shifts every 9th weekend. \$8.15 hour See contact information below. and

LAUNDRY

Full-time in Nursery Center Must be able to rotate every other weekend. Shifts vary, must be available to work 7a.m. to 3p.m., 9a.m. to 5p.m., and 10a.m. to 6p.m. \$8.15 hour CONTACT: Lynn Harvey Dir. Environmental Services 412.741.1400 Ext. 3133

RECEPTIONIST

Occasional to possible part-time. Open availability required including ability to work some weekends, holidays and evenings to 8:30p.m. CONTACT: Donna Humm Sr. Administrative Assistant at 412.741.1400 Ext. 3301

SALAD PREP

Full-time in Retirement Living Clubhouse working daytime to early evening rotating weekend coverage. 2-3 years experience preferred. CONTACT: Chef James Berekaszi Executive Chef at 412.741.1400 Ext. 3636

OTHER Full-time, Part-time or Occasional Positions may be available for CNA, Server, Busser, CDL Driver, Lifeguard, and Fitness Assistant. CONTACT: Human Resources at X3440

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NANNY WANTED

Part-time for New born care in Sewickley Home. References and clearances req.

Call for interview
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222**POSITIONS WANTED**

AIDE/COMPANION Seeking a position as an aid/companion for days, evening or overnight assignments with you elderly loved ones. 724-316-5569

CAREGIVER/COMPANION In your home. Experience & refs. (724)773-0846

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Please attend the
INFORMATION MEETING on Thurs. Jan 20, 2005 @
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79 Industrial & Research Park (exit 66 of Rt. I-79) Sewickley, PA 15143

Bring a copy of your resume Women and Minorities are encouraged to join the team.
Visit Fedex.com/us/careers/companies/ground.html

**OSI****STRATEGIC RECEIVABLES OUTSOURCING**

Interested in starting a career that offers advancement and opportunity? Look no further - OSI is the employer of choice!

OSI, Outsourcing Services, Inc. is currently recruiting full-time part time Customer Account Representatives for our new call center in Robinson Township. As an Account Representative, you will handle inbound and outbound calls from customers of major utility and telecommunications companies to establish payment arrangements, advise of payment options and answer general billing and credit-related inquiries. There is no selling/telemarketing.

We offer a base salary of \$8.35/hr. plus monthly incentives and salary increases at 3 months, 6 months and 1 year. Great benefits including medical, dental and vision packages, 401k plan and paid holidays for full-time associates. In addition, you will be working in a friendly, comfortable atmosphere with a business casual dress-code, free parking and gym membership available.

Candidates must have at least 6 months customer service experience. Windows based computer experience, excellent communication and listening skills, HS diploma/GED. Please submit a resume via fax or email.

ROBINSON

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Does your current position give you enough time to have a LIFE? If you have great nursing skills and a can-do attitude, you may be right for OUR weekend program.

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Full-time opportunity currently available at our premiere CCRC located in the Sewickley area. Assistant Executive Director will be involved in all aspects of the CCRC operations with specific administrative responsibility of our Health Care Center and Assisted Living facility. Responsibilities include providing leadership to maintain high quality of care, and high staff morale with an efficient use of organizational resources. NHA required. Degree in health administration or related field preferred. 2-3 years experience as NHA required. We offer competitive pay with excellent benefits.

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Sewickley, PA 15143



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Submit resume Attention: Kathleen McKevitt
Human Resources Office at address above
or E-mail to: kmckevitt@masonicvillagespa.org
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Are you interested in working for a rapidly growing, strong company? Does flexibility in scheduling appeal to you? We offer sign on bonus for full time RN's

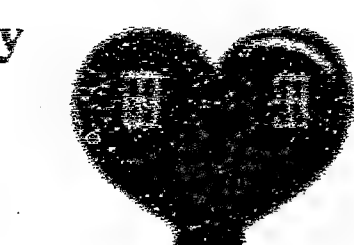
We have the following full and part time positions open:

Registered Nurse: Penn Hills
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Fax 724.863.1322
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Medi Home Health Agency
HUMAN RESOURCE DEPARTMENT

PH: 1-888-245-6331
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Monroeville fax 856-2669
HealthSouth of Sewickley
Sewickley fax 749-2376
Or by email:
Leslie.Cunningham@healthsouth.com

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RNs/LPNs

We have positions open for Per Visit nurses for the Sewickley and Beaver areas. We offer great Per Visit rates, \$38 per mile, flexible scheduling. Please send resume to: Attn: Lisa Denko at 750 Holiday Drive, Foster Plaza, Pittsburgh, PA 15220 or fax: 412-928-2127.

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We will be opening a drop station in Aliquippa to better serve our North and Western area staff. You will be able to drop off paper work and also pick up all supplies.

Please call 1-800-497-0575 with any questions and ask for Lisa or Chris

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WILL CLEAN for a reasonable rate call Darlene 412-732-9990

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325**LEGAL**

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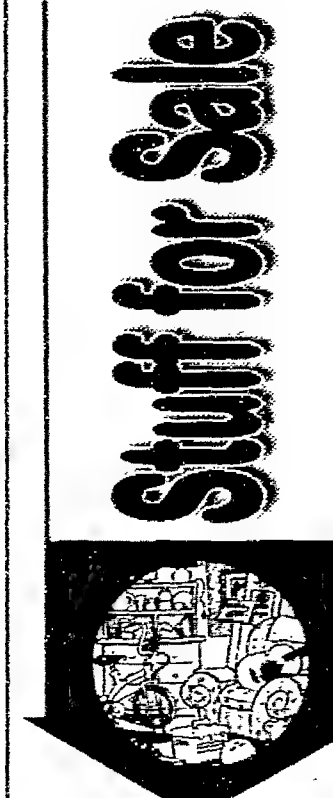
★ Foreclosure Help

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Downtown & North Hills Locations

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7' MULTI-BLUE PLAID sleeper sofa, Queen, exc. cond!! with wood trim, white leather recliner. \$500. will email photos. Economy Boro. 724-462-5883

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CAR AUCTION

CHRYSLER- NEW YORKER 1C38U6631J0137396

Auction Scheduled: Jan. 20, 2005 at 10:30 am Biber's Garage 102 Shady Lane Oakdale, PA 15017

Vehicles sold as is no keys. Buyer must pay all taxes and notary fees.

NEVILLE HOTEL Sleeping rooms. (412)262-4292

580 ROOMS

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• Sewickley Herald • The Record Star (Moon)
• The Record Star (Coraopolis) • The Signal Item
• Bridgeville Area News • South Hills Record • Penn Hills Progress
• The Advance Leader • Plum Advance Leader
• Times Express • Woodland Progress • Norwin Star • Murrysville Star

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CARNEGIE I-79 - Pky West 1BR, A/C equip. kit, w/w. no pets. \$400+ elec. Water & sewage included. 412-279-6717

CORAOPOLIS 3.5 Rms. \$450 per month util included. (724)573-9124

CORAOPOLIS 1 bedroom apartment, basement, laundry hook-up, yard, credit check. Call 724-899-3299

CORAOPOLIS 1BR, stove & frig, laundry hook-up. 724-375-7822

CORAOPOLIS 1st fl. offic. No pets. Heat & Water included, \$375. 412-264-5717

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CORAOPOLIS 1st fl. offic. No pets. Heat & Water included, \$375. 412-264-5717

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WEDNESDAY EDITION: Fax It By 10 a.m. Monday

Your Classified Sales Representative:

Person Placing Ad _____
Billing Phone No. _____
Phone No. To Reach You _____
Bill To _____
Address _____
City _____ State _____ Zip _____
Date To Start Ad _____
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Gateway Newspapers

• Penn Trafford Star • Bridgeville Area News
• Cranberry Journal • South Hills Record
• North Journal • Penn Hills Progress
• McKnight Journal • The Advance Leader
• Sewickley Herald • Plum Advance Leader
• Montour Record • Times Express
• West Allegheny Record • Woodland Progress
• Coraopolis-Moon Record • Norwin Star
• The Signal Item • Murrysville Star

CORAOPOLIS 2 BR
Large LR & DR, equip. kit,
New w/w, laund., h-k up,
S375 + util. Call after 4pm
412-788-4779

CORAOPOLIS 3BR, 2nd
flr flat, covered front porch,
off st pkg, New carpets &
paint, \$475 + Util. Call
412-264-2127

CORAOPOLIS 1 BR, \$435
\$475, \$455, all utilities incl.
412-262-4992

CRAFTON 2 BR, W/W
Equip Kit, \$575 includes
Heat, 1 BR, W/W \$435 +
412-460-4446

EDGEWOOD AREA 2 BR
Apts & Houses, W/W,
Some A/C, Laundry, Near
Bus. Up To \$59C
412-242-9009 7 Days

EDGEWOOD COMMONS

Apartments in
Moon, Coraopolis
area, 2 bedroom,
2 full baths, Plus
Amenities \$825
*1 Month Free
Rent Special**
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Remodeled, 4 BR, Den, 2
Baths, In Unit Laundry, Sec
8 Voucher Accepted,
\$1000 + 724-217-6167

INGRAM 1 BR, \$450
+elec, 2 BR \$500 - \$550
+elec 412-922-9860

KENNEDY 1 BR, Equip
Kit, C/A, W/W, Off Street
Parking, Laundry, Non
Smoking, No Pets.
412-716-7171

MCDONALD/OAKDALE
2BR, dishwasher, stove,
refrigerator, washer/dryer,
w/w, garage, pets ok,
\$450 + \$615 + Util., Security
Deposit. 724-622-5704

MCKEESPORT 1 BR, New
Paint, Carpet, Equip Kit, Ceiling
Fans, In Unit Laundry, Secure
Building, \$325 + Electric,
412-343-2955

MOON TWP. - Large 1, 2
& 3 bdr. Pool, tennis, small
pets. Call Thom Run Apart-
ments, RATES STARTING
AT \$575 (Restrictions
Apply) 412-264-8878

MOONCREST
(5) 2BR Units,
(1) 3BR Unit,
\$395-\$595
\$295 - 6 Month
Special
NO PETS!!
Broker Owned
Bob or Woody
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412-859-9000
Era Showcase Homes

OAKDALE NEWLY REMODELED
3 Bdr apartment, Lvg. Rm, Dng, Rm,
Sitting Rm., Full Bath,
Refrigerator, Laundry hook up,
Rent includes heat, water &
Sewage \$675mo. Call
724-693-2800

OAKMONT 2 RM Eff. 2nd
flr, \$300+ elec, & 1 mo.
Sec. dep. No Pets.
(412)793-3405

POINT BREEZE 2 BR, 1
BA, Equip. Kit, Near Buses
& Park, \$750 + Util.,
412-243-3145

ROSS CHARLEMAGNE
Nice 1BR, den, LR, DR,
E-K, A/C, Sec. bldg &
extras \$600 + ele.
412-443-9766

SAXONBURG 1 FL, 1 BR,
Farmhouse, Horse
Pasture, All Appls, Senior
Discount, Includes All
Utilities, 724-448-7525

SCOTT TWP.
1BR, 2nd flr, equip.
kit, off St. parking,
near Kane & 79,
pets ok \$375+
412-805-2486

SEWICKLEY 1BR +loft,
2BA, w/w, back deck,
S 8 2 5 + util.,
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apts. Close to YMCA,
shops and hosp. Off-street
pkg. Detached garage
avail. \$425+ - \$700+ or
best offer. 412-889-0211

SEWICKLEY 1BR, furn,
new bath, paint, w/w,
No Pets, heat incl.
\$500 +elec. Priv. entry
412-741-7090

SEWICKLEY 2 BR, eq kit,
w/w, off St. parking. No
pets. \$420/\$425+. One
Month FREE rent!
4 1 2 3 2 2 - 1 3 6 1
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SEWICKLEY AREA-FAIR
OAKS 1 & 2 BR apts,
\$495+ & \$595+.
7 2 4 - 2 6 6 - 8 9 0 2
www.25mainst.com

SEWICKLEY MANOR
Ground Flr, 1 BR,
renovated, \$575/mo.
incl. heat/water,
412-215-4000

SEWICKLEY VILLAGE
1 BR \$400+, 2 BR \$435 &
\$575, all utilities incl.
\$550-\$550/mo. 412-215-4000

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renovated, all sizes,
\$550-\$550/mo. 412-215-4000

SEWICKLEY VILLAGE
1 BR \$400+, 2 BR \$435 &
\$575, all utilities incl.
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PITCAIRN 2BR includes
water & sewer, laundry
facility, no pets, security
deposit. 412-372-7099

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Basement, Laundry Hook
Up, A/C, Near Pine Plaza,
No Pets \$695
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LEET TWP Small 2 BR,
W/W, Partial Finish Base-
ment, Rent To Own, No
Pets \$55,900/\$495 Month
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LEETSDALE 3 BR, Newly
remod. Pets ok. \$750+
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MCCANDLESS 3 BR
townhouse, 1400 S.F. Gar.
No Pets, avail. immed.
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MONROEVILLE 3
Bedrooms, 2 Baths, Cape
Cod, \$990 + 412-613-0897
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MOON TWP 2BR Ranch
w/white yard, off st. pkg.
minutes from airport/
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Ask for Maria or Joe.

MOON TWP. 3BR ranch,
1.5ba, equip. kit, w/w, yd.,
gov. dr. mins. from airport.
\$550+ util. Ref. & sec. dep.
call Chris: 412-264-1003

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Spectacular View 2 BR, 2 1/2 BA
Completely Remodel. Garage +
Off Street Parking \$2100 +
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NATRONA 3 Bedroom, Freshly
Painted Home, Newer Kitchen,
Windows, Carpeting, Section 8
Approved. \$700 + 724-217-6187

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LR, equip kit, bsmt,
1BA, off st-pkg. \$900
+1/2 of elec + heat. 201
Webber Rd.
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msg.

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Lovely, Lg 2BR, 2-Sty,
Extra lg kit w/porch, full
bsmt & 3rd flr storage.
Nice yd. \$695 +util.
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LR, DR, complete, up-
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util. 1 yr. lease (1 mo. free).
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in-kit, close to busline.
\$700+ 412-741-7819

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Rooms, Washer/ Dryer,
Small Yard, Basement, No
Pets, Security, Credit
Check \$475 412-527-3942

ECONOMY Country Set-
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Refrigerator, Off Street
Parking, \$500 +
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MT WASHINGTON/BLUMFIELD/
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Buy, Pets Ok. 412-487-4219

WILKINSBURG 1 BR, LR,
Equip Kit, W/W, A/C, Gas
included, \$450 + Security
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DORMONT 2-3 BR's, 7
Large Rms, Gorgeous Da-
cor, All Appls, Balcony,
Lndry, Prkg. \$675 +
412-241-6516

DORMONT Top Of 1/2
Dplx, 2 BR, close To T,
New Equip, Kit, Laundry
Hook Up, Storage, \$650 +
412-563-5820

OAKMONT-Newly Remod.
2BR+, A/C, Equip kit,
laundry, Sec. dept, \$645
+util. 412-292-6319

INGOMAR Historic Home
On 2 Acres, Modern, A/C,
Cntry Kit, N A Schools,
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W/W, Partial Finish Base-
ment, Rent To Own, No
Pets \$55,900/\$495 Month
412-559-1104

LEETSDALE 3 BR, Newly
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No Pets, avail. immed.
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Or 412-759-9015

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w/white yard, off st. pkg.
minutes from airport/
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Ask for Maria or Joe.

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\$550+ util. Ref. & sec. dep.
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Completely Remodel. Garage +
Off Street Parking \$2100 +
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Painted Home, Newer Kitchen,
Windows, Carpeting, Section 8
Approved. \$700 + 724-217-6187

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1BA, off st-pkg. \$900
+1/2 of elec + heat. 201
Webber Rd.
724-217-5138 Leave
msg.

SEWICKLEY VILLAGE
Lovely, Lg 2BR, 2-Sty,
Extra lg kit w/porch, full
bsmt & 3rd flr storage.
Nice yd. \$695 +util.
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TRAFFORD 3BR, 2ba,
LR, DR, complete, up-
dated, ac, deck, \$650/mo +
util. 1 yr. lease (1 mo. free).
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2 bdr's. \$495 & \$595.
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Charming, new appl.,
hw flrs., fireplace, eat-
in-kit, close to busline.
\$700+ 412-741-7819

CARNEGIE/SCOTT 5
Rooms, Washer/ Dryer,
Small Yard, Basement, No
Pets, Security, Credit
Check \$475 412-527-3942

ECONOMY Country Set-
ting, 2 BR, W/W, Stove &
Refrigerator, Off Street
Parking, \$500 +
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MT WASHINGTON/BLUMFIELD/
SHALEROAKMONT. Rent Or
Buy, Pets Ok. 412-487-4219

WILKINSBURG 1 BR, LR,
Equip Kit, W/W, A/C, Gas
included, \$450 + Security
412-243-1989

DORMONT 2-3 BR's, 7
Large Rms, Gorgeous Da-
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Lndry, Prkg. \$675 +
412-241-6516

DORMONT Top Of 1/2
Dplx, 2 BR, close To T,
New Equip, Kit, Laundry
Hook Up, Storage, \$650 +
412-563-5820

OAKMONT-Newly Remod.
2BR+, A/C, Equip kit,
laundry, Sec. dept, \$645
+util. 412-292-6319

DORMONT West Liberty
Ave. w/w carpet. Approx.
500 Sq Ft. \$350. Includes
all. Parking & storage
space avail. 412-344-8265

McMURRAY SUBLET
Physician Office, avail. 1-2
days/wk, 1114 s.f. incl. 1
Dr. office & 2 exam rms,
\$400/mo for 1 day/wk,
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SEWICKLEY Up to 3800
sq ft in 2 adjacent 2nd flr
units. Great parking! For
sale or lease.
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412-372-7923 to place your ad

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AFFORDABLE RENT
Centrally located in
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Twp. Office space for
attractive facilities on
Pine Hollow Road
includes 550 sq. ft.,
2500 sq. ft. or 1250
sq. ft. all utilities paid
\$40 sq. ft. and 1250
sq. ft. 1580 sq. ft.
and 2000 sq. ft.
available in four-story
Medical Arts Bldg.
Easy access to hos-
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Ample free parking.
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CORAOPOLIS 4th Ave.
2,200 sq. ft. sep. rest rm &
util. comp. air avail, gas
heat. \$450 + util + sec.
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Lovely, Lg 2BR, 2-Sty,
Extra lg kit w/porch, full
bsmt & 3rd flr storage.
Nice yd. \$695 +util.
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TRAFFORD 3BR, 2ba,
LR, DR, complete, up-
dated, ac, deck, \$650/mo +
util. 1 yr. lease (1 mo. free).
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Charming, new appl.,
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\$700+ 412-741-7819

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Rooms, Washer/ Dryer,
Small Yard, Basement, No
Pets, Security, Credit
Check \$475 412-527-3942

ECONOMY Country Set-
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Parking, \$500 +
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SHALEROAKMONT. Rent Or
Buy, Pets Ok. 412-487-4219

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Equip Kit, W/W, A/C, Gas
included, \$450 + Security
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DORMONT 2-3 BR's, 7
Large Rms, Gorgeous Da-
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Lndry, Prkg. \$675 +
412-241-6516

DORMONT Top Of 1/2
Dplx, 2 BR, close To T,
New Equip, Kit, Laundry
Hook Up, Storage, \$650 +
412-563-5820

OAKMONT-Newly Remod.
2BR+, A/C, Equip kit,
laundry, Sec. dept, \$645
+util. 412-292-6319

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Lndry, Prkg. \$675 +
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412-563-5820

OAKMONT-Newly Remod.
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laundry, Sec. dept, \$645
+util. 412-292-6319

DORMONT 2-3 BR's, 7
Large Rms, Gorgeous Da-
cor, All Appls, Balcony,
Lndry, Prkg. \$675 +
412-241-6516

BLACKBRIDGE 3BR, 2-1/2
Sty Brick, 1 Car-Gar,
lg yd, New kit, win-
dows, w/w. Priced To
Sell!! \$78,000
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Cape Cod, all brk, 3BR,
2.5ba, updated equip. kit,
LR, DR, fin bsmt, lg. yd.
a/c, w/w & hrdwd flrs.
\$412-291-9200x19

UPPER ST. CLAIR
Deerfield Manor, 4BR,
3.5ba + upgrades & add-
ons. Will mail photo &
details. 412-833-2047

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1.5ba, cov. porch, 2 car
gar. \$155,000. D.F. Ludwig
Realty Inc. 724-733-2200

SEWICKLEY AREA:
\$175,000. Completely
remodeled 3BR, 2BA,
large country kitchen,
Formal diningroom,
enclosed front porch, 1.8
Acres of land, 2 car
garage, small cottage on
property, privacy drive,
Quaker Valley School Dis-
trict. Financing available.
412-741-6115

SEWICKLEY AREA:
\$175,000. Completely
remodeled 3BR, 2BA,
large country kitchen,
formal DR, enclosed front
porch, 1.8 acres of land, 2
car garage, small cottage
on property, private drive,
Quaker Valley School Dis-
trict. Financing available.
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SEWICKLEY Duplex-Both
units in Village, 2BR, LR,
DR, equip. kit, w/w, laund.,
h-k up in bsmt, yd, porches.
Great location!
\$173,900. 412-741-2089

STOWE TWP: For Sale
By Owner, Super Clean,
Freshly painted 2 story
3BR Brick on Corner lot
with front porch, rear deck,
parking pad. Featuring
new windows, roof, wiring,
interior construction,
equipped kitchen, full base-
ment for your storage
needs. Convenient loca-
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GREENVILLE HORSE
FARM (NW PA) 16 acres.
Beaut. 3BR, 3 bath home
& setting, 2-vi barn, many
trails, horses optional.
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3BR, 2.5ba, 1st fl. FR w/
frpl, unique Great Rm,
equip kit, LR, DR, 1st fl.
tidy rm, lg fenced yd, 2
car gar, many amenities!
\$229,900.

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MCDONALD New
spacious double-wide
Modular Ranch, 3BR/2
BA, Central Air,
24"x10" deck, 4 car pkg
space, Paid \$66,000,
will accept \$54,000.
Must View!
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BA, Kit, LR, DR, FP, 1/2
Finished Bsmt, Front
Porch, Patio, 1 Car Gar,
\$109,900 412-979-2108

MOON SCHOOL DIST.
3BR Ranch, great yd/
deck, off st-pkg, new A/
C, furn, windows.
Inspects A- 338 Hart
Dr., MUST SEE
INSIDE! \$107,000
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\$300

DISCOUNT

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JANUARY 18TH THRU FEBRUARY 28TH ONLY!



'04 TOYOTA HIGHLANDER 4X4

V6, 7 Pass. Seating, Power Windows/Locks, Roof Rack, Tilt, Cruise & Alloys!

Stk# 9155243

DARE TO COMPARE

\$21,495

'04 PONTIAC GRAND AM SE1



Sedan, V6, Auto, PW/PL, Tilt, Cruise, CD, Alloys & More! 3 to Choose!

HERTZ VALUE PRICED AT

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Coupe, PW/PL, Cruise CD & More! Stk# 8467672

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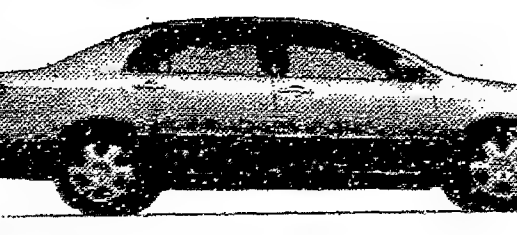


Roof Rack, Alloys, PW/PL/PM/PS & More! Stk# 3801248

DARE TO COMPARE

\$12,995

'04 TOYOTA COROLLA LE



Auto, AC, PW/PL/PM/PS & CD! Stk# 4346284

HERTZ VALUE PRICED AT

\$12,995

'04 FORD EXPLORER XLT 4X4



Tow Package, 3rd Row Seat, ABS & More! 6 to Choose!

HERTZ VALUE PRICED AT

\$18,995

'04 CHEVY TRAILBLAZER LS



Roof Rack, Privacy Glass, PW/PL/PS & More! Stk# 7651417

DARE TO COMPARE

\$20,995

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Beth Samuel center sponsors family Shabbat workshop

Beth Samuel Jewish Center in Ambridge will hold a morning workshop for young children and their parents to learn how to celebrate the Jewish Sabbath (Shabbat).

The program, which runs from 10 a.m. to noon on Sunday, Jan. 30, includes several crafts projects, a snack and a pretend Shabbat celebration.

Children will enjoy supervised play while parents have an opportunity to study in greater depth with Beth Samuel Rabbi Shoshana Kaminsky.

This workshop is part of the

EVENTS

Training Wheels curriculum, which was developed by the Jewish Women's organization Hadassah.

It is a family education program, meaning that parents and children learn together.

"The Jewish Sabbath offers the ultimate in quality family time for Jewish families," Kaminsky says, "but many parents are still reluctant to celebrate Shabbat with their children,

because they do not feel they have the skills they need.

"It is my hope that families emerge from this workshop with a greater sense of ownership and enthusiasm about bringing Shabbat into their own homes."

This workshop is free of charge, although modest donations are welcome.

Registration by calling 724-266-5238.

Thursday luncheon

The public is invited to another season of luncheons at

Sewickley United Methodist Church.

On tomorrow's menu are ham and bean or split pea soup, a hot dog, Ozark pudding and beverage for \$6.

Meals are served from 11:30 a.m. to 1:30 p.m. in the Simpson Room with its entrance on Thorn Street.

At Antioch

Antioch Baptist Church, located at 332 Elizabeth St., Sewickley, welcomes all to Sunday worship at 10:45 a.m.

Sunday School begins at 9:30.

Bible study and a prayer service are held Wednesdays at 7 p.m.

For information, call 412-741-7688.

For meditation

A quiet service of prayer, song, communion and anointing for healing will be held the first and third Wednesdays of each month at The Presbyterian Church of Sewickley.

The Oasis service will be held tonight at 7:30 p.m.

The church is located 414 Grant St.

Worship With Us

Episcopal

Grace Episcopal Church
Traditional Anglo-Catholic Eucharist - Sat 5:15 P.M.
Eucharist - Sun. 10 A.M.
The Rev. John A. Porter - Rector
The Rev. David I. Suellau - Priest in Charge
Shields Chapel, Church Lane Edgeworth, PA
412-853-9545

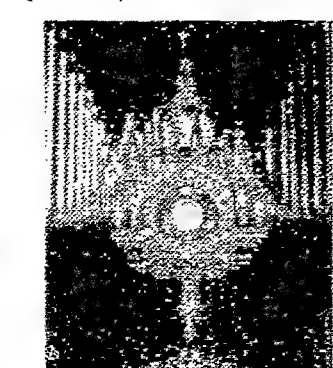
Non-Denomination

CHRIST CHURCH
at Grove Farm
Rev. John Guest, Pastor
249 Duff Road Sewickley, PA 15143
www.ccgf.org main@ccgf.org
412.741.4900

Roman Catholic

An Invitation

St. Joseph Roman Catholic Church
1301 Fifth Avenue Coraopolis, PA 15108
(412) 264-6162



In Observance of the Year of the Holy Eucharist

We cordially invite you to attend

All Day Eucharistic Adoration

Beginning Wednesday, December 1st and continuing
Every Wednesday from 7:00 a.m. - 9:00 p.m.

(Mass offered each Wednesday evening
at 7:00 p.m. followed by Confessions)

ST. STEPHEN'S

SERVICES
Saturday: 6 p.m. Contemporary Service
Sundays: 7:45, 9 & 11 a.m.
Sunday School: 9 & 11 a.m.
Student Worship: 11 a.m.

Presbyterian

St. Andrew's THE VILLAGE CHURCH
Sunday Worship
11:00 a.m.
801 Beaver Street • Sewickley, PA 15143
412-741-8840

FIRST UNITED PRESBYTERIAN CHURCH OF LEETSDALE
200 Broad St. • Leetsdale
Worship Service 10 a.m.
Sunday School 11:00 a.m.
Youth Group at 6:00
Pastor, Walt Pietschmann
(724) 266-8668

ST. BRENDAN'S EPISCOPAL CHURCH

2365 McAleer Road, Franklin Park
(Corner of Rochester & McAleer)
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Deborah Erb, 55, ardent feminist and world traveler

Deborah Erb, 55, passed away peacefully after a seven-year battle with breast cancer on Jan. 16, 2005, at her home in Edgeworth.

A Celebration of Life Ceremony will be held Saturday, Feb. 5, at 6 p.m. for family and friends at her family home in Edgeworth.

Memorials may be made in her name to the scholarship fund of Sewickley Academy or Forbes Hospice of Pittsburgh.

Ms. Erb was a graduate of Sewickley Academy, class of 1969, and went on to earn her bachelor of arts degree from Vassar College in 1973.

She was a student in England and traveled frequently to Europe and South America where she established many life-long friendships.

After college, she became one of the first women to work in the wine cellars of California's Napa Valley.

Ms. Erb was an ardent feminist and a key staff member of the National Organization for Women. She served tirelessly as the legislative lobbyist for the Equal Rights Amendment in the Illinois effort.

In the 1990s, she and her long-term companion, Frank New, successfully established Blue Water Divers of Cancun



Deborah Erb

and Cozumel, Mexico.

She was an exceptional woman who will be sorely missed by friends and family.

She is survived by her parents, William and Anne Lang; sisters: Margaret Bailey and Julie Lang of Edgeworth, Renee Erb of Kentucky, Stephanie Erb Sawyer (William) of Ohio; and brothers: William Erb Jr. (Stefania) of Washington, D.C., Richard Lang (Ling Ling) of California and William Lang Jr. (Ruth) of Michigan; her grandmother, Anna Mary Ridgway Lang of Delaware; and her loving companion, Frank New of Ambridge.

She was preceded in death

by her sister, Jeri Erb of Pittsburgh; grandparents, Steven and Margaret Gregory of Coraopolis; and her grand father, Edward Lang of Delaware.

The Lang/Erb family would like to thank Dr. Alfred Doyle and the staff of the oncology department of Sewickley Valley Hospital for their friendship and tireless efforts on her behalf.

Arrangements were made by Cole Funeral Services Inc.

Henry Jones

Resident of Sewickley

Henry Jones of Sewickley died on Jan. 14, 2005.

Services will be held at 11 a.m. today (Wednesday) at the Richard D. Cole Funeral Home Inc. Interment will follow in Sewickley Cemetery.

He was the husband of Helen Turner Jones and the father of Clyde Jones of Philadelphia.

He also is survived by nieces, nephews and many friends.

He was preceded in death by his siblings: Marie, David, Clyde, William, James, Charles, Alex and John.

John Hartley

Community leader

John H. Hartley of Sewickley, 73, died Jan. 12, 2005.

He was the beloved husband of Marjorie Ellen Hindley Hartley; and father of Robert J. (Donna) of Fla., Michael T. of Sewickley, John P. of

IN MEMORY

Virginia, Mary E. Holman of Sewickley, Stephen F. of Fla., Matthew A. and Russell G. of Sewickley.

He was the brother of Adrian, Joseph, Roy, Mary, Nonie and Lil.

He also is survived by six grandchildren.

Mr. Hartley was a member of the American Legion and VFW of Sewickley. He also was involved with Cub Scouts, youth baseball and the chamber of commerce.

A Blessing Service was held Saturday at the Richard D. Cole Funeral Home Inc.

Maria Bruzio

Formerly of Sewickley

Maria (Campisano) Bruzio, 98, a resident of Moon Township for 23 years, formerly of Sewickley, died Jan. 15, 2005, at Sycamore Creek Nursing Home in Kennedy Township.

She was born Feb. 12, 1906, in Anita, Pa., to her late parents Antonio and Chiaro (Vescio) Campisano.

She also was preceded in death by her husband, Settimo Bruzio.

She was a member of St. Joseph Roman Catholic Church in Coraopolis.

She used to be a cook for the Village Restaurant in Sewickley.

She was the loving mother of Marianna Bruzio of Moon

Support group

The monthly Bereavement Support Group, sponsored by Sewickley Valley Hospital, meets in St. Paul's Lutheran Church, Washington and Logan streets, Sewickley.

The group meets every third Tuesday of the month, from 7-8:30 p.m., and welcomes those who have suffered the loss of a family member or friend.

For information, call SVH at 412-741-6600.

Richard D. Cole Funeral Home, Inc.

James T. Hughes - Supervisor

Kellie Tsouris - Funeral Director

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Township, Vincenzo Bruzio and his wife Glosepina of Sewickley, Matilda Trunzo of Moon Township, Francesca Perri and her husband Antonio of Sewickley.

She was the proud grandmother of nine and the great-grandmother of 10.

A Mass of Christian Burial was held on Monday.

Entombment was in Resurrection Cemetery.

Copeland's-Coraopolis Funeral Home made the arrangements.

Margaret Detweiler

Born in Sewickley

Margaret (Orban) Detweiler, 93, of Moon Township, formerly of Sewickley died Jan. 14, 2005, at Friendship Ridge Personal Care Home in Brighton Township.

She was born Oct. 1, 1911, in Sewickley, the daughter of the late Emerick and Rosa (Nemeth) Orban.

She also was preceded in death by her husbands, Albert Borden and John Detweiler.

She was a member of St. Margaret Mary Church in Moon Township.

Mrs. Detweiler was formerly employed by the Allegheny County Health Department where she worked in the administration department.

She also was a member of A.A.R.P. and the 55+ Group of St. Margaret Mary Church.

She was the loving mother of Rosanne Stawiany (William) of Moon Township; Louise Greer (William) of Newport News, Va.; and James Borden (Tina) of San Clemente, Calif.

She also is survived by seven grandchildren and 11 great-grandchildren.

Entombment was in Resurrection Cemetery in Moon Township.

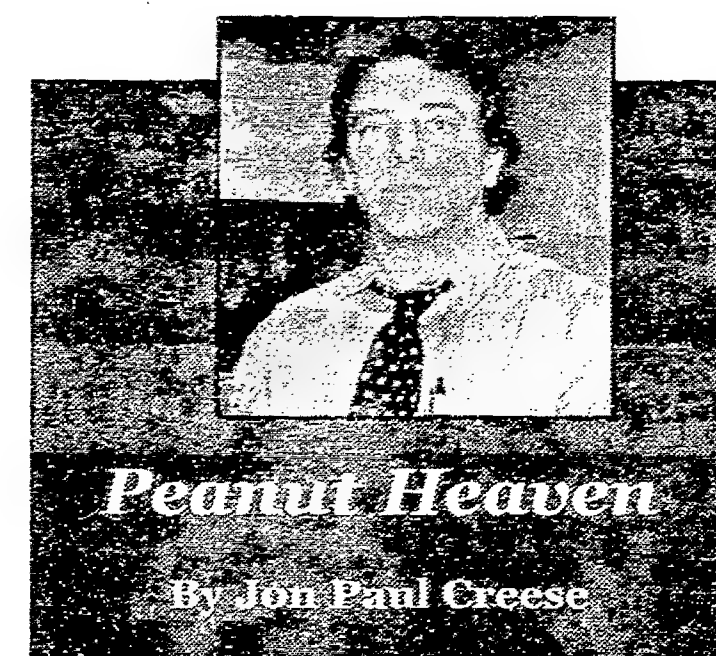
Copeland's Moon Township Funeral Home handled the arrangements.

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SPORTS



Peanut Heaven

By Jon Paul Creese

Lipps forecasts Steeler success

Former Pittsburgh Steelers' Wide Receiver Louis Lipps made a good call Friday morning during a visit to the Senior Men's Club meeting at the YMCA.

Lipps inferred (by predicting Pittsburgh will face Atlanta in the Super Bowl) that the Steelers would come out on top Saturday against the Jets.

And they did, barely.

But, it was a different story than one delivered to Atlanta fans who watched their team arrive at the coveted end of a 47-17 final; that's a happy story.

Our story is simply puzzling. Not that we Steelers fans don't have a reason to celebrate, our dream team has had a storybook season and is headed for the AFC Championship against New England (also predicted by Lipps), who they thumped earlier this year.

But many have argued that Pittsburgh didn't necessarily deserve the win against the Jets. Rather, it was destiny.

The Jets all but refused two opportunities to win Saturday and, let's face it, star (oh, who am I kidding) Superstar Celebrity Icon-Quarterback Ben Roethlisberger played like a rookie.

Which brings me back to Lipps' indubitable forecast. Not only did the two-time Steelers' MVP predict Pittsburgh would beat the Jets, he also pointed out, pragmatically and with apt discretion, that Roethlisberger may not be the legend Steelers fans, in part, are creating.

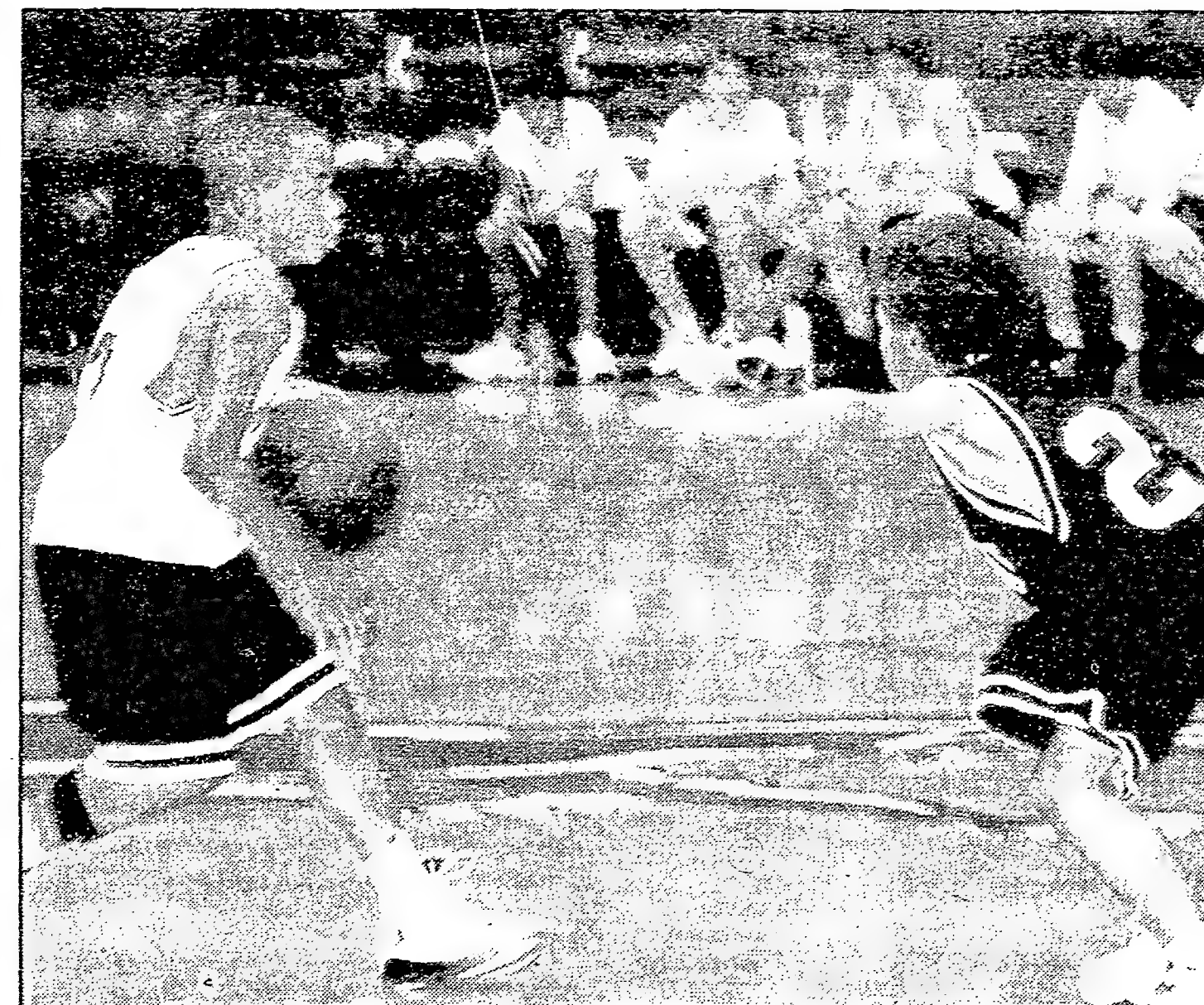
Indeed, Lipps will wait to see what happens following an off-season roster shakeup before bucking up in the Big Ben-mobile.

"What?" I thought, downing the Benster?"

Ok, so Lipps called the Steelers' victory (which was nothing short of myth-

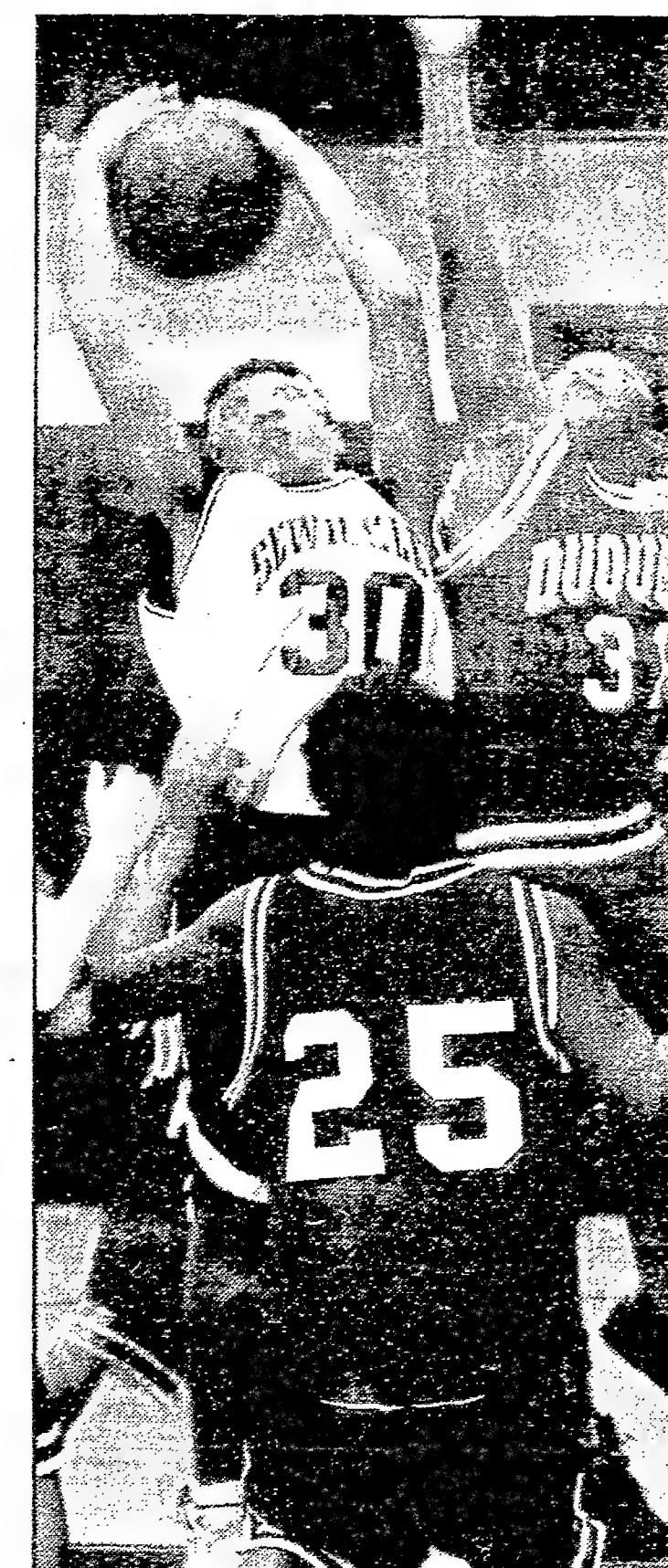
Continued on page 28

Panther Prowl



KYLE WILSON (above), guard, takes the ball up the court for the Sewickley Academy Panthers Thursday during a game against Duquesne. Aaron Johnson (right) comes away with a rebound. The 7-0 Panthers defeated Duquesne, 58-24, at Sewickley Academy.

Photos by Jon Paul Creese



Panthers dominate Duquesne, 58-24

By Jon Paul Creese

Sports editor

Kareem Terimimni. Kyle Wilson. Aaron Johnson.

Together, along with the remainder of the Sewickley Academy 7th Grade Boys' Basketball Team, they are treacherous.

But even Head Coach Ken Williams finds it hard to determine which one actually leads the undefeated Panthers, and he says any one of the three can be the leading point-scorer on any given night.

Regardless, the Panthers don't need a hand-picked star to run like a well-oiled machine, as they proved Wednesday when they delivered Duquesne a 24-58 loss, bringing their record to 7-0.

"We have some very talented players," Williams said of the Panthers success.

And talent, coupled with Williams' philosophy on how to employ it, wins basketball games.

"For me, it's all about aggressive-ness," Williams explained. "I want them to play hard."

They do.

"I want them to be aggressive," he added.

They are.

"I stress that a lot," he explained. "They have to dive for loose balls and play in-your-face defense."

On Wednesday, they did. The Panthers pulled ahead by six right off the basket and led 18-2 going into the second period, racing up and down the court with unparalleled vigor.

"We raise the intensity level with every game we play," Williams said, which is just plain bad news for their remaining opponents.

But blowing away the competition can have a down side.

"We haven't been, what I consider, challenged," Williams said. "I want our kids to be challenged."

With games against bigger schools like Mars and Penn Hills looming ahead, Williams may get his wish.

"I don't want us to get a false sense of security. We could stand for a good challenge."

But, strong leads enable Williams, who has also coached high school and college basketball, to play a full rotation, giving all the young Panthers an opportunity to contribute, something he believes is important.

"Older kids understand playing time or the lack thereof," he said and explained in college, it's all about winning basketball games.

"I love to win. The players love to win," he said but it's more important for the young players to get in and get some experience, no matter what the outcome.

Fortunately, for Williams and his Panthers, who topple teams as effectively as Jimmy Neutron manipulates time, that hasn't been much of an issue.

Thought for the Week

It has been said that criticism is the one thing most of us think is more blessed to give than to receive! How true this is! Yet one of us is perfect. So why do we expect and demand perfection from other people? Too many times, we are too quick to criticize both our peers and those who are in authority over us. Too many times we find it easy to say what was done wrong - or what should have been done.

If the truth were to be known, we might be surprised were we to know the various pressures and problems that most people operate under. We also might be surprised at how well they have done - and, conversely, at how poorly we might have done were we in their place.

Isn't it true that the call to each of us is not to tear down but to build up and to encourage? Couldn't it be said that destructive criticism is seldom worth considering? Those who know more than you do know better than to criticize; they would rather encourage... and the criticism of those who know less than you do is not worthwhile...

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QV/SA teams defeat Pine-Richland

The combined Quaker Valley Sewickley Academy Swim and Dive Teams defeated AAA Pine-Richland Thursday at the YMCA.

The girls won 94-89. "We started the meet off strong with a close win in the 200 medley relay consisting of Becca Blazac, Drea Chamberlain, Rachael Tunich, and Jenna Richert.

Blazac took first in the 50 freestyle. Drea Chamberlain took first in the 200 IM.

QV also took first in the 200 Free Relay with a season best time of 1:47. Chamberlain, Blazac, and Britt and Jenna Richert swam the 200 freestyle.

Blazac took first in the 100 freestyle. Jenna Richert, Sewickley Herald's Athlete of the Week, won the cap and the 500 freestyle by .10 of a second.

QV divers took the first three places.

Richert also qualified for WPIALS in the 500 freestyle.

The boys won 90-85.

Ashton Kinney, Collin Swann, Benji Greenberger, Andy Grant

SPORTS BRIEFS

won the 200 Medley relay with a season's best 1:55.

Andy Grant provided much needed points with wins in the 50 and 100 freestyle.

Russ Holley, Kinney, Greenberger, Grant and Alex Gentile won the 200 freestyle relay.

Swann and Adam Sebastyn sealed up the win by taking first and third in the 100 Breast Stroke before the final relay.

The cap of the meet went to Christian Lecornu who has steadily progressed during the season and had PRS in the 200 IM and 100 back.

Hockey

Quaker Valley defeated South Fayette 11-0.

Scoring for the Quakers was Greg Dyer, who scored at 10:56 assisted by Shawn Ritchey.

Furman South scored at 9:41 assisted by Mikael Lemieux and Rob Balotsky.

Breton McNamara scored at 8:06 assisted by Jason Moisey.

Lemieux scored a PP goal at 6:56 assisted by South and Tim Hall.

Grant Scott scored at 3:39 assisted by McNamara and Noah Zamagias.

McNamara scored at 1:22 assisted by George Jackson and Will Forser.

In the second period, Dyer scored at 14:42 assisted by Eryk Stunda.

South scored at 7:51 assisted by Lemieux and Forser.

South scored unassisted at 4:54.

In the third period, South scored at 3:28 assisted by Lemieux and Ritchey.

Cody Scott scored at 3:30 assisted by Ritchey and Dyer.

Zac Zinger saved eight and S.Fayette saved 45.

■ Quaker Valley placed five players on their All-Star Team.

South, McNamara, Ritchey, Forser and Zinger were selected.

■ Five Sewickley Academy Panthers also made the list.

Connor Blood, Trevor Heck, Connor Blood, Trevor Heck,

Continued on Page 35

Lipps puts the Steelers on top

Continued from page 27

ical) at 50-50 odds. No stunning accomplishment — not to mention politically correct considering his geographic location at the time.

But, after Roethlisberger's perplexingly shoddy perform-

ance, and as I watched Atlanta stomp St. Louis with extreme prejudice hours later, Lipps' sagacious forecasts began to resonate through the depths of my thumb-ring-saddled psyche.

Could he be right? Will Pittsburgh face Atlanta in Super Bowl XXXIX?

I hope so; because Lipps also predicted the Steelers will be victorious against the Falcons should they do battle Feb. 6 in Jacksonville.

Of course, you wouldn't need a soothsayer to figure that one out. And even so, it could be as some Pittsburghers believe ... destiny.

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Freshman swimmer Jenna Richert pulls QV ahead

By Jon Paul Creese

Sports editor

Jenna Richert is a swimming coach's dream.

The freshman star participates in several events for the combined Quaker Valley/Sewickley Academy Girls' Swim Team, and usually wins them all.

ATHLETE OF THE WEEK

Last week during a meet against Pine-Richland, Richert helped win the 200 Medley Relay with teammates Becca Blazac, Drea Chamberlain and Rachael Tunich.

She also participated in the 200 Freestyle Relay to help the team register a season's best time of 1:47, along with Chamberlain, Blazac and her older sister, Britt Richert.

Richert also swam a great race in the 500 freestyle, winning by only .10 of a second.

She also qualified for WPIALS in the 500 freestyle with a winning time of 5:44.12.



Jenna Richert

■ School: Quaker Valley
■ Class: Freshman
■ Sport: Swimming
■ Accomplishment: Richert won the 500 freestyle by a .10 second margin against Pine-Richland and participated in the 200 Medley Relay, which QV won, and the 200 Freestyle Relay to help the team register a season-best time of 1:47. She also qualified for WPIALS in the 500 freestyle and won the cap of the meet.

For her accomplishments, Richert was awarded the cap of the week and named Sewickley Herald's Athlete of the Week.

"It felt great to win the cap as a freshman," Richert said. "A lot of others did so well, so it was good to get it."

It's the fact that she is a freshman competing at such a high level that

makes her stand out.

"As a freshman she has impressed me with her commitment to the team and desire to do what is needed to help the team succeed," said Head Coach David Long of Richert's drive to succeed.

"What stood out on Thursday is how she rebounded from the 200 free. She

swam well in the event, but was beaten by a friend from Pine-Richland.

"She re-focused herself and swam a great race in the 500 and took first," Long said. "It's this kind of turn around that earned her the cap of the meet."

An all-around athlete, Richert plays soccer for the Lady Quakers also.

"I like them both a lot," she said of swimming and soccer. "I couldn't do one without the other."

"Swimming keeps me in shape," she added.

Richert said one of her tricks to competing successfully is to get to know her opponents.

"I'll talk to people I'm swimming against behind the block," she explained. "In soccer, sometimes I have a conversation with the player I'm guarding before the game."

Richert, who has qualified for three WPIAL events this season, said she also hopes to qualify for the states this year.

"Hopefully, I'll get in for an individual and go to the states," she said. "that would be really cool."

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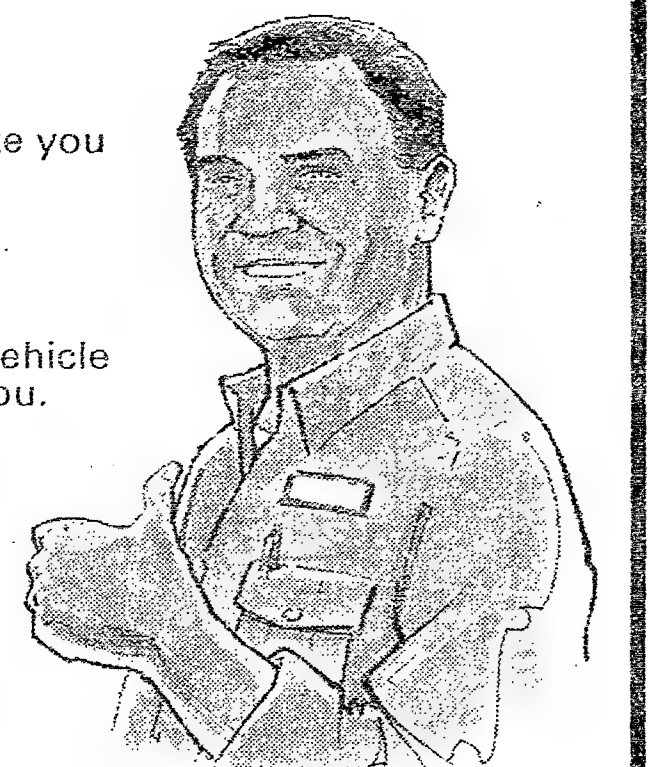
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BASKETBALL



JACK FECKO dribbles around a Center defender Thursday at Quaker Valley Middle School.

Photos by Jon Paul Creese

Quakers fall to Center, 25-19

By Jon Paul Creese

Sports editor

The Quaker Valley 5th Grade Boys' Basketball Team took on Center Thursday at the QV Middle School for what turned out to be an exhilarating battle.



AUGIE LUPTAK grabs a rebound before taking the Quakers back up the court.

Though the Quakers were down 20-8 at the half, they came out with renewed vitality in the third, putting the first two points of the second half on the board and holding the Trojans to five points for the remainder of the game.

A layup in the final few seconds of the game made the final 25-19 as the fighting Quakers went to 4-2 in section play.

"We played hard D the whole time," Head Coach David Alt said. "The kids came in at the end and played hard... got us back in the game."

That's been the story for the successful Quakers, who have been able to contain offensives all year.

They held Midland to 20 points, during which Tyler Alt had 16 rebounds, eight blocks and one steal.

They held Moon to 22 points for a 25-22 victory during which Alt claimed another 17 rebounds, two steals and another eight blocks.

Scott Sommers had four points, three rebounds and one steal against Moon. DeShawn Summerville had four points, one rebound and one steal and Steven Emch had 3 points, two rebounds and five steals.

"We have a very good team this year, one of the best in a while," Alt said. "We have height, speed, skill and experience."

Tyler Alt and Emch made All-Tournament during the Beaver County Tournament in December.

The Quakers played Aliquippa for the number-one slot this year, but fell to the Quips 41-42.

The Quakers take on section rivals Ambridge at the QV Middle School Thursday at 7 p.m.

The QV sixth grade team plays immediately following at 8 p.m.

SIXTH GRADE



PAT CONLAN of the Quaker Valley 6th Grade Basketball Team brings the basketball into Center territory Thursday at the QV Middle School. The Quakers played a hard-fought battle and had an impressive comeback, but could not overcome the Trojans.

Photo by Jon Paul Creese

Baseball Showcase offered

UPCOMING

Sewickley resident, Claudio Reilsono, professional baseball scout, will instruct and evaluate during a Baseball Winter Showcase at the Diamond Training Center in Warrendale, Pa., Jan. 22 from 2-5 p.m.

Children ages 14-18 are welcome.

A \$110 fee includes a T-Shirt, collegiate and professional baseball guide and evaluation sheet.

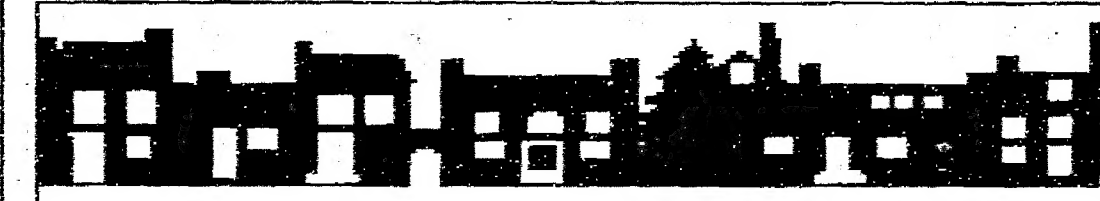
The Showcase is co-sponsored by Christian Sports International and The Global Scouting Bureau.

For more information, or to register for the showcase, call 724-453-1400, or visit the Web site: www.csikids.org.

For more sports, See Page 35



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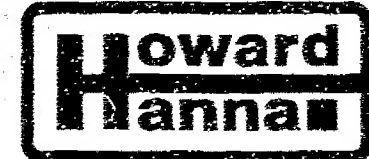
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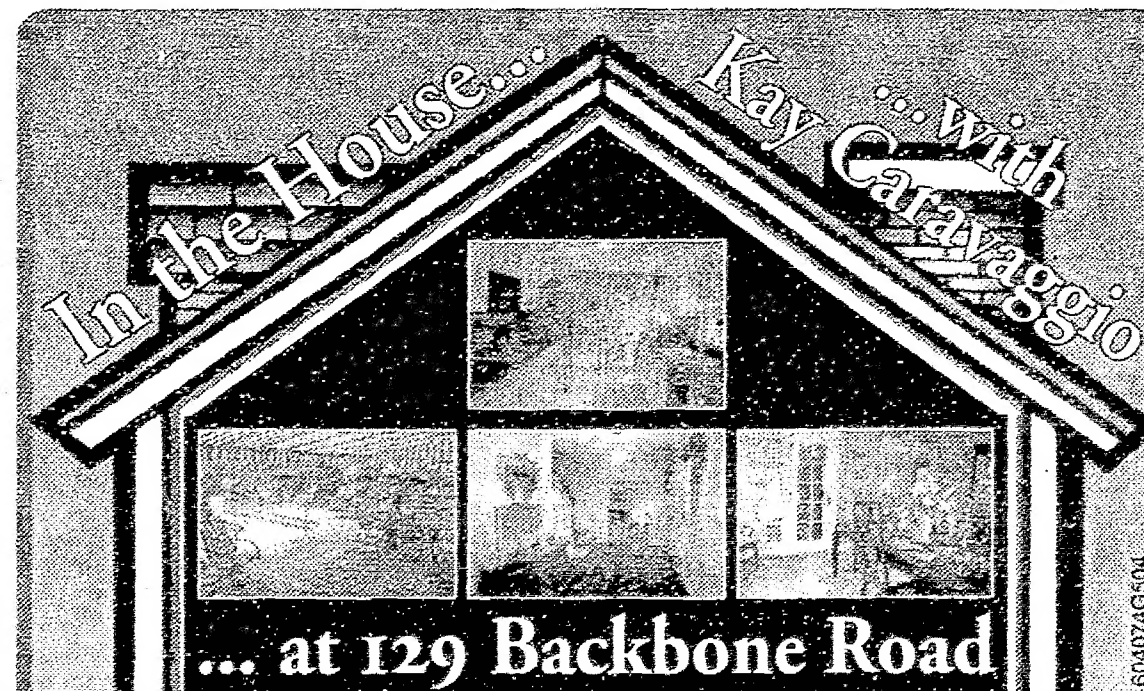
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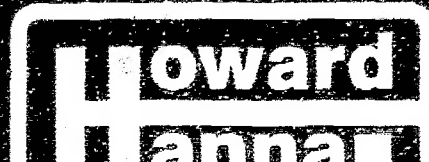


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\$379,000 Amanda Wodzinski

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Have you done your homework? Save yourself time, money, and heartache by doing research before you begin your hunt, and when you're ready to make an offer, consider all the consequences of your dream home's affordability, location, value, and ownership.

Begin by gathering and analyzing your financial information - assets, debts, income, and the almighty credit report. You'll need a firm and

Prepare
For
Ownership!



realistic understanding of what you can afford, and you'll benefit from securing "pre-approval" of your loan. Spend your valuable time looking at houses within your budget.

You've heard it before - the three most important factors in real estate are location, location, and location. Know the community, because you're not just buying the house - you're buying the neighborhood! Look ahead to the day you'll eventually resell. How marketable will the home be when that time comes?

Found a home you love? Compare its value with similar homes that have recently listed, sold or expired. Ask the agent for a Comparative Market Analysis and make a solid and reasonable offer based on those facts, not necessarily the seller's asking price.

One final consideration - the responsibilities of home ownership. Remember that it doesn't end once the checks are in escrow. Now you're ready for insurance, property taxes, improvements, maintenance, and more. When you're ready, talk with a professional who can trust for advice on these all-important issues.

Betty Moraca is a sales associate for Howard Hanna Real Estate Services, 401 Broad Street, Sewickley. For answers to your questions about real estate, call Betty at 741-2200 Ext. 222. The Dogan's National Sales Award, Relocation Specialist, Member Pennsylvania Association of Realtors, Realtors Association of Pittsburgh, West Penn Multi-List.

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Sewickley Real Estate



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412-741-2200;
Keller-Williams Realty
412-741-7464;
Northwood
412-741-0111;
Prudential
412-741-6312.

HOME OF THE WEEK Canterbury Lane home affords gracious comforts

Carefully sited on a private, table-top lot, this home has the features and amenities sought after by today's most discriminating buyer.

The first level offers a living room with fireplace, built-ins, dining room with access to the patio, a family room with cherry paneling, bar with refrigerator, fireplace, powder room and gourmet kitchen.

The kitchen features white cabinetry, granite countertops, a planning center and appliances.

The first level also includes a master bedroom with vaulted ceiling and access to the rear yard, sitting room, master bath with whirlpool, shower and double bowl sinks.

The second level features four bedrooms: one with a computer room/study plus paneling; a game room with wall-to-wall carpeting; and two storage areas, one with access to the rear yard.

The lower level also includes a powder room, two-car integral garage with attached stor-



age area and work bench.

Look no further for one of the most gracious and beautifully maintained homes on the market located in a prime area

of the village.

This home is being offered at \$895,500 by Betty Moraca of Howard Hanna Real Estate of Sewickley.

For more information or for

a tour, she can be reached at

412-741-9202 or 412-741-2200.

DESIGN OF THE WEEK

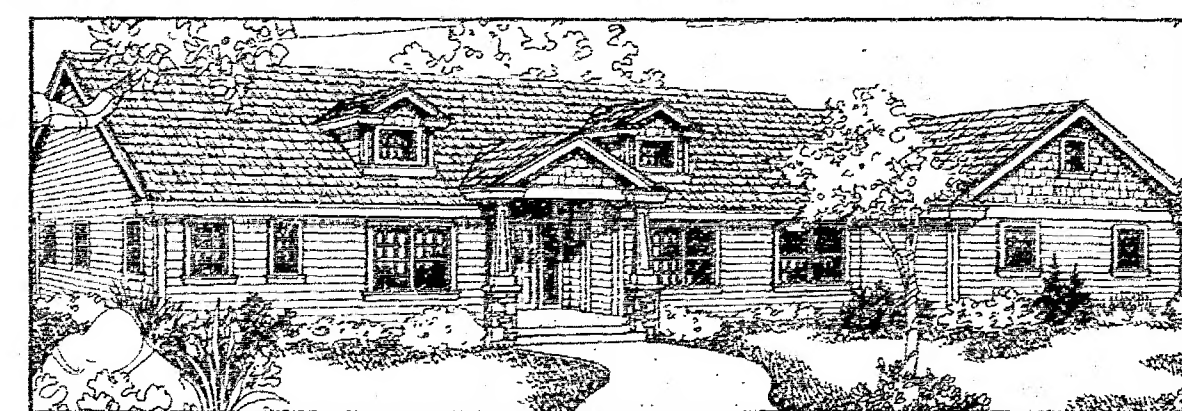
Maxwell styling brings grand vistas indoors

How delightful it would be to savor a panoramic view through the Maxwell's wealth of rear windows.

Multipaned windows and stone bases supporting tapered porch columns give the home a Craftsman look, while lap siding and gable-end cedar shingles lend a country cottage flavor.

This is basically a single-level plan, with a large bonus room upstairs. Two wide windows there offer yet another fine view of the landscape.

Left unfinished, the area provides abundant storage space. Finished, it could be a rainy day play room, bunk area for overflow guests, music



rehearsal space, art studio, or you-dream-it.

Vaulted ceilings expand the sense of volume in the foyer, parlor, family room and front bedrooms.

The kitchen and dining room share a 10-foot ceiling and are entirely open to the family room, creating an informal living area that is quite large and

naturally bright. A corner fireplace, home entertainment center and bookshelves anchor the wall opposite the kitchen.

For a review plan, including scaled floor plans and elevations, send \$25 to Associated Designs, 1100 Jacobs Dr., Dept. W, Eugene, OR 97402. Specify the Maxwell 30-458 and include a return address.

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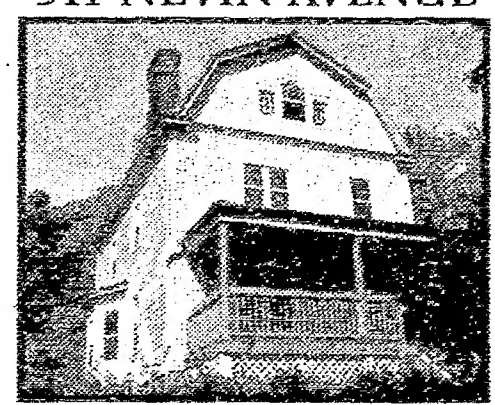
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Sewickley Real Estate

Who's buying, who's selling in the area

Edgeworth

Arthur Coburn III sold property at 418 Newbury Lane to Preston and Elizabeth Walsh for \$835,000.

Ohio River Assoc. sold property at 103 Ohio River Blvd. rear to Edgeworth Development Assoc. L.P. for \$550,000.

Sewickley

John Atwood Jr. sold property at 251 Elwick St. to Dog Leg Left LLC for \$300,000.

MARKET WATCH

Cathie Lynch sold property at 61 Thorn St. 61 to Hayes Real Estate LLC for \$50,000.

Real Estate Transactions are provided each week by Real-STATs.

For more information, call 412-381-3880.



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EXQUISITE VILLAGE CONDO

Incredibly renovated condo at Sewickley Manor. New Lucci kitchen with all new appliances, new bathroom fixtures, new windows, doors, woodwork and light fixtures. Experience the convenience of Village living. Assigned parking and laundry. Call today for all the additional details.

Guen Larson 412-741-2200 \$59,000

EDGEWORTH DUTCH

Two story Dutch colonial bungalow with spacious living room and eat-in kitchen. Two bedrooms on the second floor. Nestled near the end of a cul-de-sac, this home is close to all the Village amenities. Perfectly suited as an investment property or as a starter home. Great front porch and seclusion. Call today.

Angie Haskell 412-741-2200 \$59,900

EDGEWORTH CONVENIENCE

Affordable and convenient two story historic colonial with great porch and huge yard. Large living room, dining room and equipped kitchen. Two bedrooms. Experience the pleasure of this tranquil neighborhood and all the amenities of living close to the village. Detached garage. Call today for additional details.

Betty Moraca 412-741-2200 \$99,500

MINT RENOVATION PLUS INCOME

Incredible details in this finely renovated three story colonial. Foyer hall leading to the living room with moldings and mantle opening to the formal dining room. Huge entertaining patio at the dining room door with the finely manicured, professionally landscaped lawn. New kitchen with all amenities. Hardwood floors and ceramic tile. New second floor bathroom and three generous bedrooms. Charming two story, one bedroom apartment with equipped kitchen attached with separate entrance. Five off street parking spaces. A pristine investment, home and income.

Meagan Moore 412-741-2200 \$139,900

IN-TOWN COLONIAL

Spacious two-story Colonial in the Village. Spacious living room with a fireplace, formal dining room and eat-in kitchen. Three large bedrooms and a full bath plus a powder room. Hardwood floors and central air conditioning add to the comfort. Large front porch and secluded back yard for relaxation. Call the listing agent for all the details.

Mary O'Neil 412-741-2200 \$159,500

SECLUDED SERENITY

Ten plus hidden acres affording prime mountain and river views, rolling lawns and room for growth. Steel frame rustic home with great room and two bedrooms plus a lower level game room with second fireplace and full bath. Loaded with possibilities this property borders Osborne and the Village, encompassing additional building sites that capture the natural, secluded setting. Call today for all the details.

Linda X. Benson 412-741-2200 \$275,000

VILLAGE DUTCH COLONIAL

Three story stone and shingle Dutch Colonial in the Village. Grand beamed wrap-around porch. Gracious entry with open carved stairway with impressive stained glass window. Formal living room with mantel and French doors, generous dining room with period details, eat-in kitchen adjacent to the breakfast room overlooking the yard. Four bedrooms with 1.5 baths plus a third level to grow. Two car garage and double lot. A wonderful home loaded with period details and refinement.

Kay Caravaggio 412-741-2200 \$295,000

QUAKER HEIGHTS

Built in 9009 a four bedroom, 2.5 bathroom brick Provincial in one of Sewickley's newest neighborhoods. Formal living room and dining room adjoining the center island kitchen and family room. Hardwood floors, great details and a floor plan for today's lifestyles. Great storage and closets. Two-car garage. A great setting and panoramic river view. Call today.

Kathe Barge 412-741-2200 \$415,000

SEWICKLEY HEIGHTS PROVINCIAL

Wonderful two-story newer brick Provincial just minutes to the Village in Sewickley Heights. Formal living room and dining room with hardwood floors. Equipped kitchen with white cabinets and breakfast area. Built-ins in the den, family room with beamed ceiling and access to the partially covered deck. Elegant master suite with whirlpool bath and walk-in closet. A total of four bedrooms and 3.5 baths. Lower level with stone faced fireplace, wet bar and full bath. This home is just waiting to be called your own!

Betty Moraca 412-741-2200 \$559,500

SEWICKLEY HEIGHTS TRANQUILITY

A heavenly retreat, this three bedroom, 2.5 bath log home is a beautiful rustic renovation. From the exposed beams to the perennial gardens, waterfall and pool house, this mini-farm has it all. Well maintained it boasts a living room, dining room, equipped kitchen, and den. Two fireplaces, wall to wall carpets and ceramic tile floors. A unique property on 15 acres. Call today.

Meagan Moore 412-741-2200 \$750,000

PINK HOUSE LANE

Secluded two-story Colonial on five acres in Sewickley Heights. Gracious entry, period detailed living room with fireplace, formal dining room, and comfortable family room with fireplace. Equipped kitchen with white cabinetry. Hardwood floor throughout. Four bedrooms and 3.5 bathrooms. Two-car garage. Experience the convenience and amenities of this wonderful home, securely sited, minutes to the Village.

Betty Moraca 412-741-2200 \$769,000

COUNTRY COACH HOUSE

Stunningly converted original coach house nestled in the serene acres of Edgeworth. Enter through the original stable door to a dramatic soaring beamed ceiling great room with centrally featured fireplace, adapting this space for formal and casual living areas. Converted original French doors flood light from the covered porch. Professional gathering kitchen serves as the hub for cooking, dining, office space and relaxing. Main level master suite with hardwood floors, custom private dressing room and access to a porch and the lawn. Three additional bedrooms and bathroom on the second level. Two-car attached garage, patios, porches, terraces and gardens complete the jewel-like oasis. A wonderful home with every amenity.

Carroll Ferguson 412-741-2200 \$872,000

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SEWICKLEY
605 Nevin Avenue - This charming three story home is conveniently located in the Village. Features of this home include 4 bedrooms, a large living room, formal dining room and updated kitchen. There are beautiful architectural details throughout. The huge, open third floor offers great light and is pre-plumbed for an additional bath. Dir.: Beaver St. to Nevin Avenue to home on L. - Second block \$269,000.

SEWICKLEY OFFICE
"Liarlestone Square" - This wonderful new neighborhood is located just minutes from Sewickley Village and features expansive lots with 200' frontage and minimum of 2 acres. There are currently 2 model homes available and 3 homes are presently occupied. Several contracts are pending. Custom Builders include Bachman Builders, William Minton and Sons and Hendolhurst, Inc. Dir.: N. on Beaver Rd., R. Campmeeting Rd. L. into Charleston Square.

BEN AVON HEIGHTS
16 Banbury Lane - This gorgeous turn-of-the-century home is loaded with beautiful details and features a large living room, formal dining room, well-equipped eat-in kitchen and large family room. There is also a lower level game room. The upstairs includes 4 spacious bedrooms. There are a total of 3 full baths. There is a full length covered front porch, tile roof, and much more. Oversized garage with finished second floor. Dir.: Rt. 65 to Dickson Ave., R. on Ferryville Ave. to R. on Banbury Lane. \$440,000.

EDGEWORTH
301 Orchard Lane - This lovely 3 bedroom, 2 bath brick Colonial is located in the heart of Edgeworth. Features include a large living room with a log burning fireplace, formal dining room, den and well equipped eat-in kitchen. There is also a first floor laundry room and bath. The screened porch overlooks the flat, fenced yard. 2 car garage and much more. Dir.: Rt. 65 to Orchard Lane to home on L. Now \$269,900.

BELL ACRES
"Liarlestone Square" - This wonderful new neighborhood is located just minutes from Sewickley Village and features expansive lots with 200' frontage and minimum of 2 acres. There are currently 2 model homes available and 3 homes are presently occupied. Several contracts are pending. Custom Builders include Bachman Builders, William Minton and Sons and Hendolhurst, Inc. Dir.: N. on Beaver Rd., R. Campmeeting Rd. L. into Charleston Square.

SEWICKLEY
The Flat - Centrally located in the Village, this upscale condo unit offers a unique opportunity to a prospective buyer. Among the many fine features are hardwood floors, French doors, a gas log fireplace, custom kitchen with top-of-the-line fixtures and a private balcony. There is a 1,000 sq. ft. roof top garden for summer enjoyment and 2 assigned parking spaces. Beautifully appointed guest suite on the premises for the use of the six condo owners at no charge. Call for more information. \$395,000.

SEWICKLEY
This wonderful Village home offers 4 bedrooms and 3 full baths plus a second floor laundry. There is also a spacious living room, formal dining room and a well equipped eat-in kitchen. In addition, there is a lower level game room and den. Level fenced yard. Full length covered front porch. Very convenient location close to shops and busline. \$329,900.

EDGEWORTH
Beautifully updated two story home in a peaceful location along a pretty tree-lined street. This home features a large living room with a fireplace and built-ins, eat-in kitchen and a family room. The second floor offers 4 bedrooms and 2 full baths which have been updated. There is also a rear patio and a 2 car detached garage. \$399,000.

SEWICKLEY HEIGHTS
This Italian Renaissance style home rises within the formal gardens of the former Fairlawn Estate. This three story brick home is approximately 9,500 sq. ft. and was built to the most exacting standards and the highest quality materials available. Upon entering the 47' x 24' barrel vaulted foyer you will follow to the spacious living room, handsome formal dining room and the state-of-the-art kitchen. There is also an exquisite theater room as well as a television and lounge room. The stone walls, walkways, and pillars accent the marvelous grounds of this fine home. Offered at \$2,400,000.

SEWICKLEY
This newly constructed custom designed home offers 4 spacious bedrooms including a 2 room master suite with a large walk-in closet on the main level. This first floor also features a large living room with a fireplace, formal dining room, large, well equipped kitchen, laundry area and family room. There is also a game room on the lower level and a 2 car garage. Large lot and much more. \$725,000.

CORAOPOLIS
This immaculate home has been beautifully updated with new windows, furnace, roof, central air, electric service and more. There is a large living room, formal dining room and a well equipped kitchen with new appliances. Gas log fireplace. Covered front porch and french more. Must see interior. \$89,500.

QUAKER HEIGHTS
This 4 BR home in "The Woods" of Quaker Heights is only 2 years old. Walk-in to a large bright foyer w/ an open staircase and exposed hardwood floor. Dining room has a tray ceiling, chair rail and bay window overlooking an exceptional view. Large master BR has an oversized walk-in closet. Convenient 1st floor laundry as well as 1st floor office off the family room adds to the value of this newer home. The unfinished basement affords the new owner the opportunity to finish as needed. Drive into a 2 car garage and a great value. VT # 528034. \$379,500 Call Gina Mercurio at 412-716-9081.

LEETSDALE
Bright and charming 4 bedroom, 2-1/2 bath brick Tudor with 1st flr. family room and e-l-k. Amenities include: HW floors, arched doorways, corner built-ins and gas log FP. Enjoy large deck over garage. Great location near HS and shopping. Superb value for \$215,000. Call Kathy Brandt Ext. 205 or Mary Scott ext 209.

LEET TOWNSHIP
Custom 25 year old Tudor, beautifully and tastefully decorated, 4 Bed., 2 1/2 Bath, cherry kitchen, breakfast room, new deck with custom awnings. Gameroom and two car gar. Priced to Sell: \$279,000. Call Judie Vescio for appointment. 412-741-6312 X215.

HISTORIC HOME
Spacious rooms, magnificent mantles and wood trim. Many working fireplaces. Newly painted. Well maintained. Priced below appraisal! Laura Doty - 412-913-0774 Sally Dunbar - 412-913-1777

SEWICKLEY
Village Victorian; bright and well maintained, 5 bedrooms, 2 1/2 baths, hardwood floors. Double flat lot with 2 car garage with workshop. Well Priced: \$499,000. Call Judie Vescio for appointment. 412-741-6312 X215.

4 FAIRWAY DRIVE - SEWICKLEY
Located immediately adjacent to the eleventh fairway, this tasteful Colonial house offers an excellent lifestyle. Among its many features are: a large living room, formal dining room, screened porch with a view of the course, a new eat-in kitchen, a handsome family room with fireplace, a deck, a lower level gameroom plus a home office, hardwood floors, integral garage, and lots more. \$525,000.

VILLAGE COLONIAL
Classically influenced 3 story stucco Colonial. This distinctive residence was engineered for gracious living: 4 bedrooms and 2.5 baths, a lg. back deck and a comfortable back porch. High ceilings, spacious rooms, and a fabulous location in the Village. \$435,000.

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SPORTS BRIEFS

Courneen leads Quakers to unsettling 67-32 victory over section-rival Sto-Rox

Continued from page 28

Connor Blood, Trevor Heck, Scott Limbach and Richard Thornburgh were selected as well as Panthers Head Coach Erik Hoolahan.

Basketball

The Quaker Valley Girls' Basketball Team defeated Freedom 47-45.

Leading the Quakers were freshman Jasmine Rogers with 24 points and senior Laura West with 15 points.

The win advanced QV to 2-4 in Section 6 AA.

The Lady Quakers were defeated by Avalon 73-36.

West led the team with 16 points.

■ Ryan Courneen netted five three pointers and led

the Quakers Valley Boys' Basketball Team with 24 points during a game at Sto-Rox Friday.

The 67-32 victory advanced the Quakers to 14-1, 7-0 where they remain at the top of Section 3-AA.

Ryann Bradford followed Courneen with a double-double of 17 points and 12 rebounds.

Amir Johnson scored 16 points.

■ The Sewickley Academy Boys' Basketball Team got back on track after two losses with a 57-54 victory against Western Beaver Saturday.

Senior inside man George Raftis led the Panthers with 21 points.

Luke Brocks added 13 points.

The win advanced SA to 7-8, 5-2 in Section 1-A.



TOM DEMKO, QV head coach, goes over the game plan during a time-out.

Photo by Jon Paul Creese

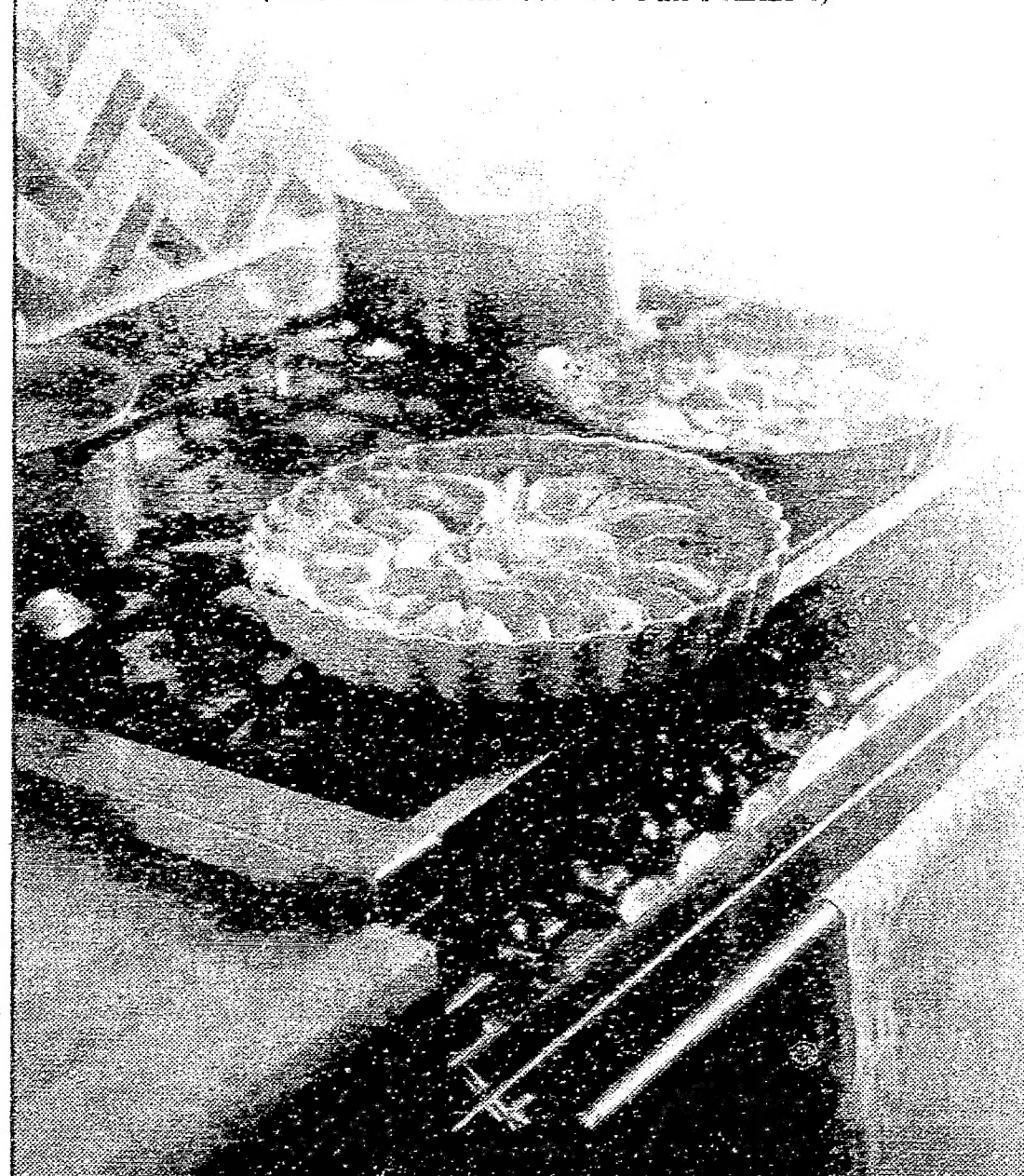
BASKETBALL



PAT CONLAN looks to get a pass off for the Quaker Valley 6th Grade Basketball Team during a game against Center Thursday.

Photo by Jon Paul Creese

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The Book of Ruth

The Old Testament Book, Ruth will come to life on the Saltworks Stage. Dramatized by Studio Director, Julia Beardsley and professional actors — Karen Merritt and Scott Nunnally — this play will include costumes, props, and music that are culturally authentic. In a desire to breathe new life into an ancient story, Julia and Karen remained true to the New International Version of Ruth, changing very little of the text. Expect to be surprised and inspired by this timeless story of the enduring faithfulness of God to all people.

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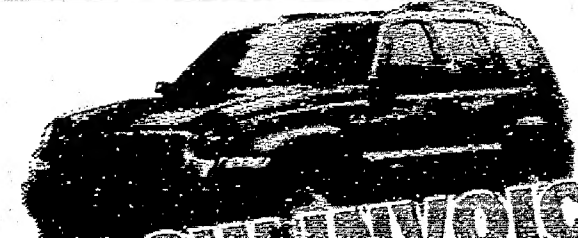


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